

Community News

Issue 313 June 2023



*The Community News is an information service from PACDG - the Presteigne Area Community Development Group
"Working Together For Our Community"*

NEXT ISSUE MID-JUNE. DEADLINE FOR CONTRIBUTIONS 10am Wednesday 14 June
email news@pacdg.org

- if you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - email the Editor
 - please email if you see or hear of anything that will be of help to other residents, including local area jobs
 - if you need assistance in any way, email us and we'll pass on your message to people who can help.
- ...AND IF YOU NEED TO CHECK BACK ON PAST ISSUES FOR INFORMATION, YOU CAN SEE THESE (along with lots of other good information) ON THE TOWN WEBSITE www.presteigne.org.uk/calendar

Memorial Hall Anniversary Event. Sadly, due to the current closure of the hall, we had to decide to postpone the event planned for Saturday 27th May 2023. A thank you to everyone who had volunteered their time to help - hopefully the event can be rearranged.

Presteigne Carnival 2023 - Tug of War. We'll be running a ToW competition(s) again this year - format will depend on the teams that are interested. Like to know more? Email presteignedogman@icloud.com asap or call Terry on 07766 097600

Presteigne Wheelbarrow Race will be returning for Carnival Friday 7th July. Get your fancy dress thinking caps on! We're looking for sponsors and volunteers to help on the night. If you can help please get in touch via the FB page, contact Owen or Dale, or email news@pacdg.org

THANK YOU

...**Presteigne and Norton Community Support would like to say a big thank you to everyone for their ongoing support.** Since relocating The Warehouse to the industrial estate, we have been overwhelmed by the generosity of the donations we have received, and by the number of customers who have visited us. After having to relocate, albeit into much better premises, we were concerned about the higher costs, but the move has turned out to be very positive, so much so that we are now open six days per week rather than five. The continuing success of both The Warehouse and our shop in the High Street have meant that we are able to once again reduce the cost to our members for the transportation to their medical appointments. From the first of June this year, the cost will be less than a quarter of what it was in 2020! In addition most local journeys are now free. We are also proud of the fact that we have been able to provide over 150 trips for Covid vaccinations to both members and non-members, all free of charge. It is your support that enables us to do this! Thank you!

...**from Jenny. A huge thank you for the wonderful Guerrilla Gardeners** who did a brilliant job of clearing up Ave Maria Lane. What a team!

...**Helped by some beautiful weather the Norton Open Garden event was a remarkable success.** Around 100 visitors enjoyed the 12 gardens and of course the cream teas, the lovely music, Vicky's tombola and David's plant sales. We raised an astonishing £1,616 as a contribution towards the community hub. Sincere thanks to Chris and Jack Ruby for their organisation and hosting, to Tracey for her excellent catering, all the volunteer helpers over the two days and of course to the Norton residents who kindly opened their gardens for our enjoyment. A true community effort all round, thank you so much.

...**Sheep Music - The Golden Fleece** - a truly magical day. Thank you to everyone involved, all the fantastic volunteers, the bands and everyone who came. Our amazing community came together and we loved every minute of it x

SCAM WARNING (from WHICH and other sources)

...**The return of the Keto diet pills scam.** This is doing the rounds again, with scammers continuing to use fake Dragons' Den endorsements to trick unsuspecting victims. These emails typically include fake 'before' and 'after' images of women who have supposedly taken a

'clinically proven' diet pill, and a link to dodgy websites that encourage you to enter your details to complete an order. Do so and you'll be handing them over to scammers. Be vigilant dealing with online advertisements and offers, if they seem too good to be true... they are!

TOWN COUNCIL NEWS

...**Cllr. Beverley Baynham was unanimously elected as Mayor/Chair of the Town Council** for 2023/24 at the Annual Meeting of Presteigne and Norton Town Council. On her election Cllr. Baynham thanked Cllr. Edwards for her hard work as Mayor over the last year and Members for her election. Deputy Mayor/Vice-Chair is Cllr. Rose Bamford. ***Congratulations Bev and Rose!***

NEWS FROM THE HIGH STREET & LOCAL BUSINESSES / ORGANISATIONS

...**there is now a registered defibrillator mounted in a cabinet on the external wall of The Old School (Presteigne Youth Centre) in Hereford Street, accessible 24/7 to the public.**

The defibrillator has been acquired and installed with grant assistance from London Hearts, and the balance financed by Presteigne Youth Project and the Claire Barlow Fund. Other public-accessible defibrillators are at the East Radnor Day Centre in Scottleton Street, and by Lorna's at the top of Broad Street.

...**from Sarah - NO Yoga at The Old School (Youth Centre) on Wednesday evening June 7th,** classes resume as normal at 6.30pm from June 14th.

...**The Warehouse. No more TVs please!** Due to a large amount we already have in stock, we are not able to take any more for the moment. Thank you for your understanding.

...**Gentle Tai Chi moves for health and well-being with Pat Ryder.** On Tuesdays in the Youth Centre 2 –3 pm contact mrspatryder@gmail.com

...**Knighton Men's Shed has been nominated to receive an award** for Community Shed of the Year, at the UK Men's Shed Association awards at the House of Lords on Tuesday 23rd May. Two representatives from the Shed, John Thorogood and Simon Gill will be attending. Baroness Tanni Grey-Thompson will be presenting the awards. We are highly honoured to be selected from thousands of nominations and hope to get some super photos.

...**from Jesi - Om Runa Yoga classes resume** at the Community Barn at 10:30 on Saturday mornings, taking advantage of the beautiful open space for a yoga practice suitable for all. Find more information & book your space at www.omrunayoga.co.uk

...**Knighton & Presteigne Leg Club** is based in the Reynolds Room at Knighton Community Centre. The objective of the charity is to protect and preserve health amongst those experiencing, or at risk of experiencing, leg ulcers and/or associated lower limb conditions, empowering patients to take ownership of their care, alleviate their suffering and reduce the stigma attached to their condition. It also seeks to further advance education in all aspects of leg health among sufferers, carers, the general public and the healthcare professions. The idea of the Leg Club is to give those suffering with leg problems a social outlet and an opportunity to meet with others with similar problems to their own in a relaxed, welcoming and friendly atmosphere. Volunteers man the reception desk, greeting patients, taking details, registering new patients. They are then taken through to a screened area, where NHS District Nurses are ready to administer treatment. While waiting, or after their treatment, patients are encouraged to sit at a communal table where volunteers are on hand to serve tea, coffee and biscuits, and helpful literature is displayed. If you feel you would benefit from a visit to the Leg Club, please ring the District Nurses on 01547 521270 to make an appointment.

...**Chatterbrook WI - big Well Done to our Chatterbrook members who entered the County Show** on Saturday, and a special Very Well Done to Soo and Margaret Galliers who came 1st in the hat and flower arranging respectively, and to Jeanette Washington, Sonia and Jayne who came 3rd in the bowl, rag rug mat & Battenberg cakes. Such clever, talented ladies!

...**Norton Show is back on Sunday 30 July** & with kind permission of Mr. Roger Watkins it will be at a new location. It will be very well sign posted, marked and manned for road safety purposes. The schedules have now been printed & as soon as possible will post them on to this page. The location is easily access. And is very close to the village. We ask all those attending to respect the residents of Offas Green & all show traffic to park in the allocated parking areas of the field. Closer to the date we will post GPS details to the show field. As a committee we would like to thank all the Lloyd family at Home Farm our most grateful thanks

for allowing the use of their land in many previous years, which has enabled the committee to raise many thousands of pounds for charities & cause that have benefited. And for Roger Watkins to allow use for Norton Show 2023. All vendors that wish to have a stall or pitch at Norton Show on Sunday 30 July 2023 please call Chris Price on 01544 267898

...**The Presteigne Library/Llyfrgell Llanandras FB page** is changing - from 20 May it will no longer be updated. The official page for Presteigne Library will become Radnorshire Museum & Libraries. To continue finding out about all our news, services, events, information for Presteigne Library 'like' and follow Radnorshire Museum & Libraries page @storipowyscanol

...**Presteigne musical talent** is making the trip to Bettws Crwen to entertain at the Bettws Triangle Art & Music Festival in mid June - Presteigne Pop Choir, Press Gangers Shanty Band, Whitton Voices, and Little Rumba - see www.thebettwstriangle.co.uk for dates and information

...**East Radnorshire Care's Lunch Club** - due to its popularity, the Lunch Club will be open twice a week on Mondays & Thursdays from Monday 5th June. Join us between 12noon & 2pm at the Day Centre building on Scottleton Street for a two-course hot lunch with refreshments for £10. Transport is available for a small fee. Booking is essential and a menu is available on request. All welcome. For more information or to book please contact either the Day Centre or Home Support on [01544 260267](tel:01544260267) or admin@eastradnor.care

...**Rose Cottage**. Looks like it's going to be a lovely sunny week or two and our garden is looking pretty so why not pop in for some lunch. Don't forget that we are dog friendly and I have now added a children's lunch to the menu which consists of a choice of sandwich or sausage roll, crisps a carton of drink and a cookie for £5.50. Hope to see you soon x

...**Presteigne Carnival - delighted to have our four lovely Carnival Attendants** - thanks to Presteigne Primary School for organising the draw. And so to the Carnival Queen - still time to put in your entries - age 12+, live within 5 miles of Presteigne and obviously available on Saturday, 8th July! If you are interested, please either message or text/phone in 07766152000 - your attendants are eager and waiting! Time to make memories

...**Firth Construction**. We are ecstatic to hear that one of our projects, Pen y Common has won not one but 4 RIBA RSAW awards: RSAW Welsh Architecture Award 2023: RSAW Conservation Award 2023: Small Project of the Year 2023 and the amazing RSAW Welsh Architecture Building of the Year 2023. Massive congratulations to @nidus.architects, Finn Beales Photography @finn & Clare! <https://www.architecture.com/awards-and-competitions-landing-page/awards/riba-regional-awards/rsaw-award-winners/2023/pen-y-common>

...**The Salty Dog** - as well as our gorgeous local Moorcourt Strawberries, we have also had a wonderful delivery of Spanish Peaches, Nectarines and Flat Peaches.

...**Renewable Training Centre in Presteigne: new course - Emergency First Aid at Work** Wednesday 28th June £110 + VAT. [01544 302222](tel:01544302222) or email info@renewabletrainingcentre.co.uk

EVENTS & DATES FOR YOUR DIARY

...**Presteigne Local Food Market** - Saturday June 3rd 9am - 1pm - outside of Presteigne Memorial Hall again this month, let's hope for better weather and we'll see you all there!

...**Don't miss "The Armed Man" concert in Presteigne** in St Andrew's Church on Saturday 24 June at 7:30pm. Kington Choral will be joined by the Bannau Brycheiniog Chamber Orchestra, soprano Serena Jopson, and muezzin Abdul Quddos for a very special performance in Presteigne of Welsh composer Karl Jenkins' hugely popular "The Armed Man". First performed in 2000, the piece charts the growing menace of a descent into war, interspersed with moments of reflection, and ends with the hope for peace in a new millennium, when "sorrow, pain and death can be overcome". The concert will start with Handel's rousing Coronation anthem, "Zadok the Priest" followed by music by Vaughan Williams, William Walton, and the very first performance of "The Storm" by local composer Julian Reeves. £20 (under-18s free). Bar/refreshments. Tickets from the Salty Dog (Presteigne), Tower House Gallery (Knighton), Border Bean (Kington) and online <https://www.trybooking.co.uk/CJNG>

...**Marion & Chris Rowlatt invite you to see their Spring Garden** Sunday afternoon 4th of June. 14 Hereford Street. Donations towards the Return of the Dragon. 2 until 5pm

...**Transition Presteigne: Big Green Fair** Saturday 17th June, 10am till 4pm, in the Barn on Went's Meadow. Big Green Week is the UK's biggest celebration of community action to

tackle climate change and protect nature, with events and activities taking place across the country. Transition Presteigne are organising a Big Green Fair - to showcase local organisations doing their bit and encourage everyone to join in. Free Entry! Come and see what's already being done locally, and see how you can get involved. For more details or to book a stall email Leigh taylorfarmhouse@gmail.com or Ann ann_butcher@yahoo.co.uk, or call 01544 260496

...Grand Opening of Coed Llanandras (Presteigne Community Woodland Nature Reserve). Saturday 3 June 2 to 4pm. Guided tours of the reserve through the afternoon. Free activities to celebrate the new reserve, learn about the project and meet the volunteers and experts who created it. Representatives from Presteigne Tree Group, Radnor Wildlife Trust and Central Ecology will be talking about the habitats that have been created and the wildlife they will support. Visit the Nomadic Museum of Natural History - hear Whitton Voices performing songs about nature. FREE refreshments. Event parking available at Presteigne Primary School.

... Open gardens at Knill - Sunday 27th August, by kind permission of Mark and Bernadette at the stunning Walled Garden. Stalls, live music, teas, homemade cakes, drinks and burgers.

...Save the date for this years Kinsham Classics and Country Show - Sunday 2nd July 2023..... More information to follow shortly

...Summer Concert at Presteigne Methodist Church on Sunday June 11th at 3 pm with the Dolau Mixtures Choir and the Good Company Singers from Sutton Coldfield. Retiring collection includes refreshments and a warm welcome.

...The Big Breakfast at Evenjobb is on Father's day, Sunday June 18th. from 9 am to 1 pm. Come, with family and friends, for a friendly morning.

...Plant Sale at the Catholic Church, Presteigne on Saturday, June 17th 10am to 2pm. We will also be serving tea, coffee and cakes.

...Chatterbrook WI – next meeting Thursday June 8th in The Community Barn on Went's Meadow 6 till 8 pm for a Workshop to make a Summer Basket of flowers. Visitors, especially any ladies thinking to join are very welcome. Further information from Claire 07712649458 or email cebrown001@gmail.com. See also <https://facebook.com/ChatterbrookWI>

...Presteigne Floral Art Society - next meeting will be with National Demonstrator Sue Blandford on Thursday June 14th at 7.30. Her title is 'Here Comes Summer'. Please note the venue for our meeting this month is Lingen Village Hall (Presteigne Memorial Hall not available). The informal flower classes in Whitton Community Hall continue on Thursdays 12-2pm. £5 charge per session. Contact the Secretary for dates and further details on 01544 340453. See our Facebook page <https://www.facebook.com/groups/610659036597894>

...Marches Poets: We are taking part in Big Green Week by sharing some of our poems with climate- and nature-related themes to show our appreciation of the natural world and highlight the threats it faces. Find our poems from early June in shop windows in Presteigne High Street, & other local places. Thanks to all who have allowed us space. We hope you enjoy our poems!

...St Andrew's Summer Fair 10th June from 2pm. Crafts, cakes, refreshments, clothing, raffle. In the church yard if dry but in the church if its wet..free entry.

...East Radnor Ramblers Walks in early June: Tues 6th Park Wood & Hergest, 3.7 miles. Weds 7th Group Walking Holiday on The Gower. Weds 14th Llangorse Lake, 10 miles.

OTHER INFORMATION

...June issue of Broad Sheep is out this week. What's On - Herefordshire & The Marches. Also online - www.broadsheep.com

LOCAL AREA JOB & VOLUNTEERING OPPORTUNITIES [*ed. for other jobs in our local area, log on to <https://freegle.in/presteigne> and see Jobs Near You column on r.h.s*]

...Lorna's Sandwich Shop, Presteigne - looking for a new member to add to our team. Morning baker required, Monday - Friday. Baking experience would be great - call in the shop

...Radnorshire Wildlife Trust - Community Organising Trainee! build relationships with local people, organise events, train/support groups to improve spaces for people and nature, and community change! Find out more: <https://www.rwtwales.org/community-organising-trainee>

PACDG - the Presteigne Area Community Development Group ... "Working together for the Community"

To unsubscribe, email news@pacdg.org with REMOVE in the subject line & we'll immediately take you off the mailing list.