

REGISTER OF LOCAL COMMUNITY GROUPS

Revision 30 - May 2021

Organisation	Contact Name	email/website	telephone
HEALTH, WELFARE & SUPPORT ORGANISATIONS			
Presteigne Carers Group	Leanne Pritchard	leanne@credu.cymru	07976 553974
Presteigne Medical Centre	Daintry Ristic, Practice Manager	www.presteignemedicalcentre.com	01544 267985
STROKE Neuro Café Presteigne / Knighton	Gill Colerick	gill.colerick@stroke.org.uk	01745 508524
Presteigne Natural Health Centre	NO LONGER OPERATING		
Powys Hear to Help (RNID)	Rachael Beech	rachael.beech@rnid.org.uk	07752 165800
Leg Club - Knighton & Presteigne	Christobel Hargraves	hargraves391@btinternet.com . https://www.legclub.org/leg-club-direct-ory/knighton-and-presteigne	01547 550311
Simply Nails - Knighton & Presteigne	Yvonne Bufton	enquiries@acpowys.org.uk www.agecymru.org.uk/powys	01597 825908
MidWales Mindfulness	Alithea Waterfield	alitheawaterfield@gmail.com . http://midwalesmindfulness.co.uk/	
Voice Yoga	Liv Preye	www.oliviapreye.com www.voiceyoga.co.uk oliviapreye@gmail.com	07796 684627
Om Runa Yoga	Jesi Leigh	http://www.omrunayoga.co.uk/ http://www.facebook.com/omrunayoga . omrunayoga@outlook.com	07854 855560
The Retreat	Marian	marian@retreat.wales	07816 981454
ERDC East Radnor Day Centre	Beverley Baynham	admin@eastradnor.care www.erdaycentre.org	01544 260267
ERDC Home Support		homesupport@eastradnor.care www.erdaycentre.org	01544 260360
Prestmede Residential Care Home (Shaw Healthcare)	Judith Jones, Manager	https://www.shaw.co.uk/index.php/ser-vices/3-residential/143-prestmede	01544 267538
Presteigne Dementia Friends	Kate van den Ende Rolly Bradstock	katevandenende@btinternet.com rollybea5@gmail.com	01544 267227 01544260766
Presteigne VIPs (visually impaired)	Mike Edwards	mikeedwards397@gmail.com	01544 267114 07787 355415
Radnor Association for the Blind	Mike Edwards	mikeedwards397@gmail.com	01544 267114 07787 355415
Hereford Macular Disease Group	Mike Edwards	mikeedwards397@gmail.com	01544 267114 07787 355415

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PNCS (Presteigne & Norton Community Support) Office	Sharon Jones, Manager	transport.pncs@gmail.com http://www.facebook.com/PNCS4U	01544 267961
PNCS Charity Shop	Sacha Pickard (Shop Manager)	transport.pncs@gmail.com	01544 267961 07421 878773
PNCS The Warehouse	Lorna Griffiths Carole Brick	transport.pncs@gmail.com	07496 732067
PNCS The Circle Drop-In Club	Carole Brick	carolebrick@googlemail.com	01544 267961 07973 571089
Weight Loss Support (Methodist Church)	Beth Norris	bethnorrisfcca@tiscali.co.uk	01544 267534
Lunch Club (Baptist Church)	Kate Doubleday	kate.doubleday@yahoo.co.uk	01544 267471
CAP Job Club (Baptist Church)	NOT OPERATING AT PRESENT		
Healthy Friendships	Charity disbanded		
Royal Voluntary Service RVS		www.royalvoluntaryservice.org.uk	08456 080122
Powys Befrienders Craft Group	Group disbanded		
Residents Support Group	Group disbanded		