

Community News

Issue 133 April 2020

an information service from PACDG - the Presteigne Area Community Group "Working Together"

You are receiving this email because you asked to receive the Community News & be kept informed about PACDG activities. If at any time you decide not to receive further PACDG emails, contact us on pacdg@icloud.com with REMOVE in the subject line & we'll immediately take you off the mailing list.

- **Please contact us if you see or hear of anything that will be of help to other residents - ideas or suggestions for new hobbies, or things to do at home, especially welcome ! email pacdg@icloud.com**
- **and if you're self-isolating or need assistance in any way, you can also email pacdg@icloud.com and we'll pass on your message to people who can help.**

Reasons to be Cheerful - Part 1

(posted by Clare) Presteigne in near-lockdown due to Coronavirus, 30 March 2020: church doors closed, but the bulbs blooming in the flowerbeds; London House sadly empty; Daphne's pizza takeaway and delivery, a lifeline for many; a window full of cheerful people and dogs at Courtyard Antiques; people queuing outside Spar; Deli Tinto ready to serve from their doorway; Rose Cottage no longer selling flowers but supplying meals to housebound customers; vital deliveries to Premier; and the St David's Street magnolia about to burst into flower.

UPDATE FROM LOCAL BUSINESSES AND THE HIGH STREET

(things are still changing every day so, if you have access to the internet, please double check information on websites or Facebook pages)

...from Spar. We're changing our store opening hours to 7 AM to 9 PM, Monday to Sunday with immediate effect. This will give our staff more time to re-stock and clean the store and will help us to continue to be there for you and our local community. Thank you for your continued support and understanding.

...from BW Roberts Garage. If you need urgent repairs on your vehicle, please get in touch with us on 01544267365 between 10am and 4pm or 07918714716 out of these hours. We will do our best to get you roadworthy again providing that we can get any parts needed. If you need an MOT, there will be six months exemption for any due after today (30 March 2020) It does state however that your vehicle must be in a roadworthy condition. If you are unsure, please call and we can check for you. You can still have your MOT done if you wish - please call to book it in. Forecourt open after tomorrow between 10am-4pm. Thanks everyone

...from the Local Food Market. The Farmers Market will NOT be held this Saturday due to the present circumstances. The Producers do appreciate your past custom and are extremely sorry but hopefully normality will soon be sought and we'll be back supplying you again. We will keep you updated. Some of the producers are happy to take orders and local delivery can be arranged Details regarding this will be on shortly.

...from PBC. Please note that Presteigne Bowling Club's bonus ball is now 'frozen' until further notice.

...from The Workhouse Gallery & Café. After a week to catch our breath and fully take in the situation, we have decided to extend the closure of the Workhouse Gallery to our website sales. While not officially required to do this, we feel this is the responsible course of action: helping to slow the spread of the virus by not adding more pressure to

the UK delivery network. How will this work? This means that for the time being, we will not be fulfilling any orders. You will still be able to place orders online and they will be processed as soon as we resume operations.

If you need to get in touch: Please email info@theworkhousegallery.co.uk, which is being checked regularly. Unfortunately, we will not be able to answer phone calls during this time.

For now: We hope all our customers can appreciate why we've done this, and we look forward to opening again in the near future.

Going forward: The Workhouse Gallery is a family-owned business and part of the vibrant community of Presteigne. We are keeping our employee's jobs safe; utilising the furlough offered by the government to help everyone get through this difficult time. We would like to reassure our customers that we are in a strong position come back fighting fit when this is all over and, in the meantime, we are using the time to think about the future and reinvigorate our creative process.

Keep in touch: If you are not already receiving our email newsletters - make sure you sign up on our website: www.theworkhousegallery.co.uk. We wish you and your families well, The Workhouse Team

...from Weobley Ash. Grass fed Hereford beef coming through, roasting chuck, brisket and rump joints, silverside, topside, ribeye, sirloin, fillet and more. Plenty available in store (2 ppl at a time) or call 01544 598120 to order delivery. shop@weobleyash.co.uk

...from The Judge's Lodging. Well, right now we should be polishing the final door handles, arranging the Judge's books and making sure his bed looks comfy enough to snooze in, ready to fling our doors open for the season.

We will, of course, not be opening on 1st April due to the Covid-19 outbreak and will remain closed until the Government advice changes on public spaces such as ours. However, WE'RE STILL HERE! Whilst we're closed we will aim to post things to entertain, educate and interest (hopefully!) on our social media for every day we would have been open, so do keep watching out for us on your feed.

On a serious note, this year will be a challenging one for us, as with many. We make 90% of our money from admissions, shop sales and events, all of which we cannot currently do. As a small charity dedicated solely to the protection of our wonderful building and its collections, we are not-for-profit and hold no reserves. Do think of us, come and see us when we finally open and if anyone wants to make a donation to support us whilst we are shut, please message us or email our manager, Gaby: info@judgeslodging.org.uk. Stay at home, like our Judge. We look forward to seeing everyone on the other side of this.

THINGS DO WHILE COCOONED !

(thanks to Sarah and James for these suggestions)

Some fun online learning resources for your children or grandchildren:

- Twinkl is for both Primary and Secondary children and has teacher-created planning and assessment resources organised by key stage. At the moment it's FREE if you enter the code CVDTWINKLHELPS when registering at www.twinkl.co.uk
- ABCmouse.com provides early learning through games, songs and puzzles. FREE for 30 days, with 49% off annual subs.
- The QuickMath Jr FREE app provides essential foundations of maths for 5 to 8 yrs old children.
- Carol Vorderman's Maths Factor is for ages 4 to 12 and is FREE while the schools are closed - see www.themathsfactor.com

- Teddies Music Club provides children's music to sing and dance along to with a 2 months FREE trial period. See www.teddiesmusicclub.co.uk
- and for anyone who enjoys sketching and drawing, you can draw along on YouTube with illustrators such as Sarah McIntyre or Rob Biddulph; or daily at 7pm on Instagram with Fred Blunt and Disney animator Michael Woodsie.

OTHER INFORMATION

...from Community Volunteer Support. If you, or a neighbour, needs one of the recently-issued Community Volunteer Support leaflets detailing how to get support in this crisis, and summarising services provided by local shops and businesses, three leaflet dispensers have been installed -

- one on the PACDG noticeboard by Spar
- one by the Lloyds Bank ATM
- one on the big Norton noticeboard by Corte Cottage

...from Kington Vintage Show. The very hard decision has been made to cancel this year's show - we will be in contact with people in due course. See you all in 2021.

...Stay at Home Guidance (thank you for this, Maggie). Criteria and guidance as of 17/03/2020:

- Incubation period = maximum 14 days
- Day 1 is the first day of symptoms
- The 14-day period starts from the day when the first person in the house became ill.
- If you live with others and you are the first in the household to have symptoms of coronavirus, then you must stay at home for 7 days
- If anyone else in the household starts displaying symptoms, they stay at home for 7 days from when their symptoms appeared, regardless of what day they are on in the original 14-day isolation period.
- Household members who remain well, stay in self isolation for the 14 day maximum incubation period calculated from day 1 of first symptomatic person
- Household members do not need to restart the clock if other members become symptomatic during the 14 days self-isolation

...from Dyfed Powys Police - we've heard of over 22 different COVID-19 related scams over the last week, here are some of those:

- A call received from an individual purporting to be from a cleaning company, offering to clean and spray areas where the virus may be i.e. front door
- Numerous text messages from UK Government regarding fines. The Government have only sent out one text message to the public regarding new rules about staying at home. Others claiming to be from the Government are false.
- A website has been set up, which offers an antivirus program to protect users against the coronavirus. Fraudsters trick users into downloading a remote access trojan and install malware that could infect the user's device. Once access has been obtained, the fraudster could act as a legitimate user but use this access to steal data and seek financial gain.
- Fraudsters offering free food vouchers then harvesting their data and charging them for marketing texts. Fraudsters are pretending to be major supermarket chains offering free vouchers for shopping in their store – "ASDA has announced that they are giving away free £150 coupon to everyone – get your free coupon at (Weblink)"
- Emails purporting to be collecting on behalf of a charity to assist vulnerable people during the outbreak.

- Individuals selling fake Covid 19 test kits.
- Fraudsters are targeting users working from home to invest in bitcoin. Fraudsters try to deceive their intended victims by stating they can earn millions, which leads the victims to click on the fraudulent links.
- Fraudsters attempt to get payment for a fake charity which is assisting with the outbreak.

Please note, this list is not exhaustive and is for information & awareness only.

Should you come aware of any scams (COVID-19 related or not), be sure to report to Police via 101 or directly to Action Fraud: <https://www.actionfraud.police.uk/>
Sign up to receive crime updates and other messages from the Dyfed Powys Police Community Messaging Service DPCM by visiting www.dpcm.co.uk.

...from PCC. We've paid out £11,700,000 worth of support to 792 local businesses so far! Our Finance Team have been busy bees today! If you don't already know, we're awarding £60m worth of reliefs & grants to local businesses in response to COVID19. Read more bit.ly/3aqK0jy

...from PCC. There are a lot of apps available online which can help people manage their health conditions while socially isolating. You can access a free 'Medication Reminder' via Orcha's link below. It provides reminders for intakes and refills and reports on meds taken, weight, blood pressure, blood sugar and more, available in the app. <https://appfinder.orchacare.co.uk/review/271093/>

...a reminder from PCC about Emergency childcare hubs - these are in place across the county to help support critical emergency workers, NHS staff and social care workers.

You will need to register your child every week at www.powys.gov.uk/emergencyhubs. Closing date for applications is at 3pm Wednesday, April 1

...from the Welsh Government. Covid-19 guidance for landlords and tenants in the private sector.

Guidance for landlords [➡ https://gov.wales/coronavirus-covid-19-guidance-landlords-and-managing-agents-private-rented-sector](https://gov.wales/coronavirus-covid-19-guidance-landlords-and-managing-agents-private-rented-sector)

Guidance for private tenants [➡ https://gov.wales/coronavirus-covid-19-guidance-tenants-private-rented-sector](https://gov.wales/coronavirus-covid-19-guidance-tenants-private-rented-sector)

For our Covid-19 housing updates [➡ https://en.powys.gov.uk/article/8857/Coronavirus-COVID-19---Housing](https://en.powys.gov.uk/article/8857/Coronavirus-COVID-19---Housing)

PACDG - the PRESTEIGNE AREA COMMUNITY DEVELOPMENT GROUP.. "WORKING TOGETHER"

If you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - simply email pacdg@icloud.com.

We're happy to help publicise community and charity activities and events (but only for events in the immediate Presteigne area) - email text (not poster images please) at least 3 weeks in advance to pacdg@icloud.com.

The Community News is published twice per month. Feel free to tweet or forward this issue to others if you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - simply email pacdg@icloud.com.