# Community News Issue 250 April 2021



The Community News is an information service from PACDG - the Presteigne Area Community Development Group - "Working Together For Our Community"

# email news@pacdq.org to contact the Editor

- if you have any questions on what's happening or not happening in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction email the Editor
- please email if you see or hear of anything that will be of help to other residents, including local area jobs
- if you need assistance in any way, email us and we'll pass on your message to people who can help.
   ...AND IF YOU NEED TO CHECK BACK ON PAST ISSUES FOR INFORMATION, YOU CAN SEE THESE (along with lots of other good information) ON THE TOWN WEBSITE <a href="https://www.presteigne.org.uk/calendar">www.presteigne.org.uk/calendar</a>

...from Dyfed Powys Police. Welcome to Llandrindod, Builth, Rhayader, Presteigne & Knighton Police! We're launching new FB pages across the Dyfed-Powys area as your new home for information and news on policing in and around where you live. Here you'll find appeals, news, and updates on our work in your community, as well as crime prevention advice direct from your local police officers and PCSOs. We hope these groups will grow into a real community resource, building even better links between communities and the police. Remember: In an emergency: call 999. In a non-emergency: contact via our website <a href="mailto:bit.ly/DPP101Online">bit.ly/DPP101Online</a>, email <a href="mailto:101@dyfed-powys.pnn.police.uk">101@dyfed-powys.pnn.police.uk</a>, or tel. 101

...did you know about the Presteigne Climate Action FB group? This is a place to share ideas, initiatives and projects to encourage action, small and large, to help combat climate change and build a resilient community here in Presteigne. The group has been set up so that like-minded people can share ideas and initiatives which may be valuable for our community. Please post and comment in a respectful manner.

...from Presteigne Cricket Club. Does anybody have any plastic/outdoor chairs that they no longer use and would be willing to donate to the cricket club? Unfortunately we have received some damage to our store shed and as a result many of our chairs have been vandalised and thrown around the pavilion. Message on our FB page or email Anna on <a href="mailto:annaj2935@gmail.com">annaj2935@gmail.com</a> or call/text 07506 767585.

...from Rachael at RNID Hear to Help. Volunteers needed! Powys Hear to Help is a RNID service commissioned by Powys Teaching Health Board to offer lower level hearing aid repairs, maintenance, information and advice for people with NHS hearing aids. We work alongside the main audiology departments across Powys to enable them to have more capacity for more urgent and complex issues. We suspended our Presteigne service last year due to COVID but are now looking at how we can open safely at the Old School using the new "drop off" model that we are using in Knighton, Newtown and Llandrindod Wells. If you would be interested in volunteering in Presteigne with Powys Hear to Help, either doing maintenance and repairs or as a meet-and-greet volunteer (full training given and out-of-pocket expenses paid), please contact Rachael Beech for more information: <a href="maintenance-needed-need

### **THANK YOU**

...big shout out to Tessa's band of volunteer litter pickers who braved the cold (did we see snow?!) on Sunday to clean up around the whole town. This was the second round of cleaning up the town ready for Spring, following on from the Good Friday outings. If you know of an area that needs attention or, even better, if you would like to join Tessa's Wombles or borrow some litter picking kit to tackle the problem initially, email <a href="tessark@aol.com">tessark@aol.com</a> ...from Sarah at Slix. The people of Presteigne and surrounding area never cease to amaze

me!! In the 28 in business at Slix Studios I have found the community to have been so welcoming and supportive. This past 12 months has certainly been no different. On our recent Studio reopening we have been shown much appreciation by home made cake, chocolates,

biscuits, flowers, comedy hair related sketches and many words of welcome and appreciation from not only our clients but passers by popping their heads through the door to say how lovely it is to see the lights back on and the studio buzzing once again. We have experienced a manic but lovely few weeks, pampering many of you once again, we are still working through our back log of clients and would also like to thank you for your patience and understanding at this busy time. If you would like to make a future appointment you can contact us on 01544 267381 or 07983 355125 by text or phone. Thank you from the bottom of my heart to all of you for your valued kindness shown. I wish you all a very healthy and happy Easter break. ...from Diane at SPAR. Really good news in that our two raffles, one for Mother's Day raised £211, and one for Easter raised £197 with all proceeds going to NSPCC. We would like to thank Kay Hughes for helping us to sell the raffle tickets, also congratulations to Darryl who won the Mother's Day Hamper, and to Pandora who won the Easter hamper. Please mention the Presteigne volunteers - a big 'thank you' for helping us through this difficult time, helping us keep track of customers numbers in the shop, we couldn't of done it without them.

#### **COVID**

...from PTHB. Our latest daily update on COVID-19 vaccination in Powys is available from our website: <a href="https://pthb.nhs.wales/coronavirus/covid-19-vaccination/daily-update/">https://pthb.nhs.wales/coronavirus/covid-19-vaccination/daily-update/</a>...from PTHB. Updated at 6pm on 6 April. Our secondary reserve list for COVID-19
Vaccination for people aged 30-39 is now OPEN for Builth Wells and Newtown. Our reserve list for Bronllys is currently full. If you are aged 30-39 and registered with a GP in Powys you can access our secondary reserve list here: <a href="https://forms.office.com/Pages/ResponsePage.aspx?">https://forms.office.com/Pages/ResponsePage.aspx?</a>

<u>id=uChWuyjjgkCoVkM8ntyPriuzNUmgC4hAkcTjOuCqraVUQIFORjlBMzVJNTIJMEZSRzZXMUpBTDdDWC4u</u>. **And remember that anyone aged 40-49 can join our reserve list here**: https://pthb.nhs.wales/coronavirus/covid-19-vaccination/age-40-to-49/

Changes to lockdown rules in Wales: \*Gyms can reopen from 3 May, rather than 10 May \*Two households can bubble-up to mix indoors from 3 May \*Outdoor wedding receptions and outdoor activities for 30 people allowed from 26 April

...from Hereford CC. Free rapid testing. From 9 April, free rapid #COVID19 testing will be available for everyone in England. Testing will be offered twice a week & will help: \*suppress the spread of the virus \*return to a more normal way of life. Find out more <a href="http://orlo.uk/Lxmsd/ed. this is apparently NOT available in Wales">http://orlo.uk/Lxmsd/ed. this is apparently NOT available in Wales</a>]

# **SCAM ALERT**

**Scammers are mimicking HMRC office staff.** This is a scam. HMRC would never call & threaten legal action. If you notice a suspicious email or receive a scam call make sure you report them <a href="http://orlo.uk/jrgBA">http://orlo.uk/jrgBA</a>

ed. also be aware of recorded voice calls telling you your NI number has been fraudulently used and you are liable to prosecution. The clever - or really sneaky thing here, is that the scammers can somehow make it appear the call comes from a local (e.g. 01544) number. Take a note of the number and report to <a href="mailto:abuse@bt.com">abuse@bt.com</a>

...from Christine. Received a text today pretending to come from DVLA telling me they'd recalculated my road tax and they owed me £48.30. Clever and convincing-looking scam. [ed. report all suspected scam texts by noting the number, forward the text to 7726, then you'll immediately get a reply asking you to reply with the scam mobile number]

**UPDATE FROM LOCAL BUSINESSES AND THE HIGH STREET** (local businesses are still adapting to changing circumstances - so check information on websites/Facebook pages)

...from The Royal Oak. Reopening update. We are still awaiting confirmation, but if we do get the go ahead, we will be reopening the beer garden on Monday 26th April until Thursday 29th April for drinks and basket meals. Due to family commitments we will then close after Thursday 29th and reopen the doors on Wednesday 5th May for the foreseeable... Fingers crossed. Who's looking forward to a beer garden pint? 01544 260842 <a href="https://www.royaloakpresteigne.co.uk">www.royaloakpresteigne.co.uk</a>

- ...from Presteigne Bowls & Social Club. Breaking News! 2021 Membership Fees have been confirmed at a heavily discounted £10 which includes Social Club fees! Non-playing membership remains at £5. Following on from recent lockdowns and the shorten season last year, the club are keen to have as many existing and new members as possible take advantage of the facilities which include the green and the Social Club on Hereford Street. The bowling green will officially reopen within the next few weeks with all necessary Covid precautions and rules in place. Interested to join, or just try bowls out? See our FB page or contact David on 07969 203339 or email daveweale@hotmail.co.uk
- ...from PNCS. The Charity Shop reopened today Monday April 12th at 10.00am. sanitiser is provided upon entry and we ask that face masks are worn. We can now allow 2 people in the shop at at time, Social distance rules still apply. We look forward to welcoming you back. The Warehouse also reopened today Monday 12th April. We are looking forward to welcoming you back and have been busy sorting the many donations we have received. Lots of lovely items to browse. Good selection of men's clothing, lots of DIY items, work bench, garden tools, BBQ, steps, wellies, shelving, and much more. We cannot reserve items so come along a grab a bargain!
- ...from Co-op Kington. Just a reminder that we offer Click and Collect with Co-op's first ever dedicated parking bays to allow fully contactless collection. Simply visit <u>coop.co.uk</u>, place your order and then at your collection time park in the spaces provided (along the side of the store) call the store on 01544 230190 (there is a poster with this number on in the spaces) and your groceries will be brought out and placed in your car without the need for you to get out! We look forward to seeing you through your car window and everyone keeping safe!
- ...from Leon's Food to Order. Two Meal Deals this week Moroccan marinated salmon with free couscous, and cod loin & chorizo bake with garlic fried rice plus a full menu of Spanish and Thai dishes. Choose your main course and dessert and book your order Monday, Tuesday or Wednesday online at <a href="https://thesaltydogpresteigne.com/order-cooked-food/">https://thesaltydogpresteigne.com/order-cooked-food/</a> or phone 01544 262164 or 07805 727486. Choose to collect either Thursday, Friday or Saturday
- ...from Rose Cottage Flowers & Café. See our FB page or email us for menus for next weeks Friday takeaway and the daily hot food service. The Friday takeaway will be the last for a few weeks as I work out if this is possible to continue while I am open. The daily service will continue and I am happy to do any of these meals as takeaway either as a complete meal or just as a main. I also have a good selection of curry in the freezer. DM me if you want more information. <a href="mailto:rosecottageflowersandcafe@gmail.com">rosecottageflowersandcafe@gmail.com</a> 01544 260600
- ...from Liv. My Voice Yoga sessions are currently online via Zoom. Adult sessions are every Tuesday 6 7pm, Mums/dads and Babies/tots every other Thursday 11am-12pm. For more info and/or to book, please contact Liv via email oliviapreye@gmail.com or via the website www.voiceyoga.co.uk

## **DATES FOR YOUR DIARY & OTHER INFORMATION**

- ...from Sue. <u>April 28</u> is International Workers' Memorial Day. This is the international day of remembrance and action for workers killed, disabled, injured or made unwell by their work and is officially recognised by the UK government. <u>At 11 am on Wednesday 28th April</u> please take part in a minute's silence wherever you are. It will be a moment to pay tribute to the sacrifice made of so many workers during the pandemic, to remember those who've sadly lost their lives, and to thank all those who continue to do vital work at great risk.
- ...from Arrow Plant & Tool Hire. We've got a selection of used rubber tracks available FREE to a good home (or a bad one, we don't really care how you treat them!) they've got loads of uses ... farm yard scrapers, garden planters, raised veg beds, support for layering soil to make embankments ... whatever you want one for, give us a shout and come and get them! 01544 230817

- ...from Ann. Keeping the skies alive! The swifts are on their way to Presteigne. They've left the Democratic Republic of Congo and will fly about 6000 miles over sea and land from Africa, via Spain and France to arrive here in Presteigne at the beginning of May. They'll breed here and leave again early in August, spending just 3 months with us. They bring spectacular action and excitement to our skies, with their evening fly-pasts and screaming parties. Except when nesting, they spend their lives in the air, living on insects caught in flight. They drink, feed, sleep, find nest materials and often mate on the wing. No other birds spend as much of their life in flight. We have lost over half of our Swifts in the past 20 years. They have shared our buildings ever since the Romans came to Britain and they still nest in our eaves and gables, but modern and renovated buildings often exclude them. The decline in insect populations is another factor, so gardening for wildlife is also important to make sure the birds have plenty to sustain them. Swift Conservation sell nest boxes and the Swift call CD and MP3 recordings which help to attract them to your house. You can order a nest box or find plans for a DIY one, and find out more about these amazing birds at www.swift-conservation.org
- ...from Hereford CC. EU settlement scheme. If you're an EU, EEA or Swiss citizen, the deadline is 30 June 2021 to apply for settlement for you & your family to continue living in the UK. For help with your application or more info visit: <a href="http://orlo.uk/JaZWT">http://orlo.uk/JaZWT</a>
- ...from the Presteigne Festival. Our Newsletter is now out see <a href="https://mailchi.mp/4b6a0a8e4314/presteigne-festival-autumn-newsletter-4776340?e=9cd7d53306">https://mailchi.mp/4b6a0a8e4314/presteigne-festival-autumn-newsletter-4776340?e=9cd7d53306</a>
- ...from Powys CC. How are you planning to cast your vote at the Senedd and Police and Crime Commissioner elections on May 6? The quickest and easiest way is by post, but you can also vote in person on polling day, or have someone cast your vote on your behalf 'by proxy' if you can't leave home. The deadline to apply for a postal vote is 5pm on Tuesday April 20 <a href="https://www.electoralcommission.org.uk/i-am-a/voter/voting-person-post-or-proxy/voting-post">https://www.electoralcommission.org.uk/i-am-a/voter/voting-person-post-or-proxy/voting
- ...from Grace. Innovative End of Life Charity, the Anne Robson Trust launches a new telephone helpline to support thousands coping in isolation whilst a loved one is dying. The pandemic not only resulted in over 126,000 people dying of Covid 19, it has also highlighted that millions of the population have had delayed treatment and diagnosis for a whole range of illnesses, cancer being just one. The knock-on effect is there are more people facing the end of life. The changing demographics in the UK population also predict an average of almost 2,000 additional weekly deaths by 20302. Dealing with the dying and supporting carers were major challenges during the pandemic and this end-of-life need is set to increase steadily over the next 10 years. The charity, the Anne Robson Trust has recently set up a unique telephone helpline service for people to talk about the imminent death of themselves or someone they care about. People facing the end of life, whether their own or a loved one's, need support. No one deserves to die alone. The helpline is manned by trained volunteers and is a natural, practical and sustainable way to support as many people as possible, as they face the imminent loss of someone dear to them. We know that talking about death and dying can be challenging and having someone to talk to can help people to understand and cope with the feelings that arise as a family member or friend is approaching the end of their life. The helpline number is 0808 801 0688. The service is confidential, free to call and operates 5 days a week. - more information can be found on our website - www.annerobsontrust.org.uk"
- ...from the British Army. Please find below an invitation to an upcoming Army virtual engagement event. We'd be delighted if you were able to join us for this event which we're sure you'll find both interesting and informative. The event includes a dynamic 20 min presentation and a Q&A session where guests can submit live questions to Col Sion Walker Deputy Commander HQ 160th (Welsh) Brigade Please feel free to share this invitation with colleagues and your networks. Live Virtual Broadcast Event and Q&A with The Army Engagement Team at 2:00pm until 3:00pm on Tuesday 27th April 2021. You can access and register for the live broadcast here at <a href="https://virtualbroadcast.yourarmy.co.uk">https://virtualbroadcast.yourarmy.co.uk</a>

- ...according to the BBC, up to 5,000 Welsh women pensioners could be entitled to huge refunds/entitlements under a little-known rule. In March, documents revealed in the Budget showed an estimated 200,000 pensioners could be collectively owed up to £3bn after the under-payment of state pensions by DWP for decades.. See BBC Wales News website <a href="https://bbc.in/3wxYLg9?">https://bbc.in/3wxYLg9?</a>
- fbclid=lwAR2auPpJ1OQLZyBG3Rji1Avnf\_W3ZI\_ZmZ9AtwhquFGeKkfNeT3tMyNyL5A
- ...from Kington Golf Club. Junior evenings and coaching starts Monday 19th April. Get in touch with us now to reserve your spot Junior Memberships available 12 years and under FREE. 13 Years + £60 per year. 01544 230340
- ...from Jonathan. Presteigne has three active Investment Clubs. They're all full, with the legal maximum of twenty members each. However, if you'd like to go on the waiting list to join one of the Clubs, or would like further information, please call Jonathan on 01544 260800
- ...from Grow in Powys. 'Have your say...' Tell us about your idea for combatting climate change in Powys...https://www.growinpowys.com/climate-change-suggestions
- ...Morrisons has said it will remove all plastic carrier bags from its stores over the next year. The supermarket will switch from offering plastic "bags for life" to a paper alternative.

#### **LOCAL AREA JOB OPPORTUNITIES**

- ...from Rose Cottage Flowers & Café. Staff wanted for part time hours starting on 26th April Monday to Friday roughly 11 to 2 and Saturday 10 to 3. Happy to have people sharing so even if you're only looking for 1 or 2 days please get in touch. Work to include waiting tables, washing up, cleaning and food prep. Lesley 01544 260600
- ...from PBS. We are looking for a Counter/Yard assistant, full time and full UK driving licence required. Email or call in for an application form. 01544 267284
- ...from Atrium Conservatories. We are looking to employ trainee fitters to join our team installing Hardwood conservatories, orangeries, windows and doors. We will provide full onsite training for the role, working alongside experienced fitters. Whilst most work is local to Kington, there will be occasional working away from home (weekdays only all expenses paid). Full UK drivers licence is a positive advantage. Rates of pay are competitive and subject to an employee's progress. Apply via our FB page or call 01544 231769
- ...from Powys THB. Join our team as a COVID-19 Immuniser (Band 3) in Newtown. We have 3-month fixed term opportunities to help with this vital programme. Closing date: 15 April. <a href="https://pthb.nhs.wales/working-for-us/current-jobs/#!/job/UK/Powys/Newtown/">https://pthb.nhs.wales/working-for-us/current-jobs/#!/job/UK/Powys/Newtown/</a>
  Powys Teaching Health Board/Health Care Support Worker/Health Care Support Worker-v3073430? ts=3571
- ...from G&A Catering, Presteigne. We are hiring!! Part-time Saturday worker. Please click the link for more information about the job role and to apply. If you have any other questions please do not hesitate to ask! <a href="https://uk.indeed.com/m/viewjob?">https://uk.indeed.com/m/viewjob?</a>
- jk=7a86eed18075f708&from=serp&prevUrl=https%3A%2F%2Fuk.indeed.com%2Fm%2Fjobs %3FsameQ%3D1%26q%3Dcatering%26l%3DPresteigne%2B%26from%3DsearchOnSerp
- ...from Arrow Plant & Tool Hire. Our Leominster, HR6 0QF depot is looking for someone to join their team help with the maintenance of the ever growing hire fleet machines. Previous mechanical experience and a driving license is essential. Working hours are 7:30AM 5PM Monday to Friday with overtime available during busy periods. Give us call on 01568 615161 or message on our FB page for any more details.
- ...from Heart of Wales Line. We need a Community Rail Officer. Home-based but requiring frequent access to sites along the Heart of Wales Line. Closing date 20/04/2021. Apply <a href="https://www.heart-of-wales.co.uk/recruiting-community-rail-officer">https://www.heart-of-wales.co.uk/recruiting-community-rail-officer</a>

PACDG – the Presteigne Area Community Development Group ... "Working together for the Community"

If at any time you decide not to receive further PACDG emails, contact us on <a href="mailto:news@pacdg.org">news@pacdg.org</a> with REMOVE in the subject line & we'll immediately take you off the mailing list.