

Community News

Issue 205 - SEPTEMBER 2020

The Community News is an information service from PACDG - the Presteigne Area Community Development Group
"Working Together For Our Community"

email news@pacdg.org to contact the Editor

- if you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - email the Editor
- please email us if you see or hear of anything that will be of help to other residents, including local area job opportunities
- if you need assistance in any way, email us and we'll pass on your message to people who can help.
...AND IF YOU NEED TO CHECK BACK ON PAST ISSUES FOR INFORMATION, YOU CAN SEE THESE (along with lots of other good information) ON THE TOWN WEBSITE www.presteigne.org.uk/calendar

...from Maggie. Oh my word, did I just see a Street Cleaner in Presteigne? Yes you did! PACDG are really pleased to announce that John Bird – familiar to many of you – has started work on our relaunched Street Cleaning project. Welcome John. A big thank you to our Town Council for providing money for this project. Do give John a wave if you see him, and let us know what you think – particularly if you know of areas of town that need a bit of TLC. A big thank you also to Sarah Bond, our original worker who has just handed over her broom and shovel after two years. And of course thanks to all of you who volunteer on our litter-picking teams or just quietly pick up rubbish when you see it – John can't by any means do everything so we still really need you to do your bit.

...from Tessa about litter-picking in Presteigne. I know that many of you have been doing your bit over the last few months on your own and thank you for that, it doesn't go unnoticed but, if you would like to join in with an organised litter pick, I can map out areas to try and cover most of the Town. I am organising a couple of options for a September pick, and I hope some of you will feel inspired to join in after a bit of a break. I shall be keeping to the same format as last time, so pairs going out at 10 minute intervals, giving plenty of space to keep safely apart but with a buddy to ensure you return in good order! The two date options are: Sunday 20th September afternoon - setting pairs off from 2 pm OR Wednesday 30th September morning - setting pairs off from 9.30 am. I am hoping that this will give flexibility, as I know there are some regular activities that take place which clash, and others have family commitments, but let's try it and see. If you can let me know if you are able to join us and which date would suit, I shall put buddy pairs together (unless you come as a couple!) and then send out arrival times. Same place as usual, double black doors at 4 Hereford Street, look for the blue PACDG hi-vis vest. Contact Tessa 07788 567631

SCAM ALERT

...HMRC Tax Scam. They're at it again! You may get an email, WhatsApp message, text message, or perhaps a phone call with a recorded message purporting to come to come from HMRC Glasgow, advising you that a tax fraud has been registered against your name and inviting you to 'press 1' if this is in error. Do not be tempted to do that - it is a scam. You'll never get an email, text or WhatsApp message, or phone message

from HMRC about a tax rebate, penalty, or court case or about anything else asking for personal information. Just put the phone down. To report a text message, forward it to 60599. For a WhatsApp message, take a screen shot and forward as an email to phishing@hmrc.gov.uk. Forward a suspicious email to that same address. For a suspicious phone call, email the same address if possible with your phone number, the caller's number, time & date of call, brief description. If you have been suckered in and disclosed sensitive information, email security.custcon@hmrc.gov.uk urgently including brief details of what you disclosed but do not include that personal information in the email. HMRC will then contact you.

...from Dyfed-Powys Police. Received a text or email asking you to buy iTunes or Amazon gift cards to pay a fine or fee? It's most likely a scam. You can forward suspicious text messages to 7726, and emails to report@phishing.gov.uk.

UPDATE FROM LOCAL BUSINESSES AND THE HIGH STREET

(things are still fluid with local businesses so best to check information on websites or Facebook pages)

...from Presteigne Little People Playgroup. Please keep spreading the word that UNTIL OCTOBER 24th 2020, every time Co-op members shop at Co-op, 1% of what they spend can be donated to Presteigne Little People. To find out how you can vote for us over the next few weeks or become a Co-op member, please click on our unique link below: <https://membership.coop.co.uk/causes/39691>. Please spread the word to friends and family across the UK. This is an amazing opportunity for us to raise much needed funds for our setting!

...from Presteigne Repair. On Saturday, 19 September, Radnorshire Arms 10 - 12 noon Presteigne Repair are holding a 'BRING IT & LEAVE IT' event in the Radnorshire Arms garden. Outside but under cover, with virus precautions in place, so please wear face coverings. Fill in your contact form, talk to a fixer and if its a simple repair we'll do it there & then. If that's not possible a fixer will take it home to sort out and contact you to arrange collection. We can mend small household items such as toasters, hairdryers, vacuum cleaners; do sewing, patching & mending of clothes; repair broken ornaments, toys & small furniture - chairs, tables, lamps. Don't bin it - bring it! If the weather is really bad we will cancel...contact : 01544 267997 felt@cooptel.net. Physically distanced but socially connected! Many thanks to the Radnorshire Arms for welcoming us into their garden.

...from The Royal Oak. Individual table buffets available for special occasions to adhere with current Covid guidelines. Get in touch for more details and any queries. We have an extra TV set up out under the marquee to allow further spreading out of customers for sporting events. Table bookings are available to ensure a space in front of one of our TVs.

...from No. 46. Whether you want to enjoy the sunshine with a refreshing milkshake or one of our delicious cocktails then we've got you covered here at No.46! And don't forget we are doing any two cocktails for £8!

...from Helen. How you can help Knighton & East Radnor Foodbank Covid-19: Autumn Appeal. Donation drop off points in Presteigne: Spar & Baptist Church - Thursday 10 -11.30.

Thank you for the splendid donations of cash and food received during the Covid-19 emergency. We are now building up a reserve of food for when we expect an increase in requests during the winter months & the end of the furlough scheme. However, we still need some items, but please note we can only accept food items that are well within their use-by date. We need:

Tinned Cold Meat, Tinned meatballs/hotdogs/stewing steak, Tinned peas/carrots/sweetcorn (Please: no more soup, baked beans, chickpeas, kidney beans, pasta, rice, tinned tomatoes or tuna, thank you!). Tinned Fruit, Tinned Custard, Tinned Rice Pudding, Cereals – especially child friendly! Jam/Chocolate Spread, Peanut Butter, Biscuits (Please: no more porridge or muesli, thank you!). Toiletries for men & women, Deodorant, Shaving Razors/Shaving Foam, Anti-Bacterial hand soap/wipes, Washing up liquid/Washing detergent, Anti-bacterial cleaning spray, Bleach/ toilet cleaner. If you would prefer to give a small cash donation, this will enable us to

purchase fresh milk, bread, cheese and eggs & to buy fresh vegetable/fruit vouchers to include with individual food parcels. You may prefer to set up a regular donation to support our work by completing a Standing Order or a Stewardship form (with Gift Aid). Ask Helen for more information, call/text 07731 524 058; or email helen@knightonfoodbank.co.uk

...from Wild Card Tattoos. I still have a few appointments left for September, which will be at discount prices (this includes any consultations made in September with bookings for ink made in October) please message my FB page if you would like to book in.

...from Leon's Supper Club. Tables still available for Thai Nights - 2 on Friday night and 4 for Saturday night, give me a call 07805 727486.

...from Lockdown Dhaba. Hello Everyone. Hope you are enjoying this last bit of sunshine. See FB or email us for the menu (and vegan menu) for Saturday 26th September. Have a great couple of weeks! lockdowndhaba@gmail.com. FB: <https://www.facebook.com/lockdowndhaba>

...from Bea's Care Services. I've had a short, well needed break. I'm now back and raring to go. Give me a call with any of your home care needs on 07816 370853

DATES FOR YOUR DIARY & OTHER INFORMATION

...from Presteigne Freegle. If you know people going back to Uni soon tell them about Freegle! No need to always buy new! Download our free sharing app and join the biggest #Free #Reuse community in the UK <https://www.ilovefreegle.org/mobile>

...from Paula. It is with a sad heart that I have to say that I will not be hosting my annual Macmillan Coffee Morning at the Royal British Legion this year. With the new guidelines and situation, I feel encouraging people to attend would be a higher risk than I would be prepared to take. People's health and safety are priority. Macmillan are encouraging a 'Raise a Mug' campaign where you take a selfie of yourself with a cuppa, donate online then share photo with friends on social media. Thanks, Paula

...from Debs in Norton. It's with sadness that we have to announce that the very popular Fireworks Halloween party in Norton will not be taking place in its usual format due to current Covid constructions. Our priority is to keep our Community safe & well at all times. The witches are deeply saddened by this, and are looking at alternative solutions so we don't have to park up our broom sticks this year & will be able to fly. Please keep an eye out for up coming announcements. Fingers crossed, chief witch will be leading the usual flying formation. But under the correct Covid regs — with Chris Price and Brian Price.

...from Norton Show. Many Thanks to all who took part in today's treasure hunt. Many thanks to Ann Price & Billy Thomas for their clues, to those who got terribly lost and there were one or more! To all who supported and gave Raffle prizes and to the Lloyd family - without them we couldn't do it. We raised £352 for Norton Show funds. THANK YOU

...from Powys Teaching Health Board. Play your part to stop coronavirus spreading.
*Limit how many people you meet: up to 30 outdoors and from Monday only six people from your extended household indoors *Keep 2m from others *Keep washing your hands *Keep wearing a face covering, where needed. See www.gov.wales/coronavirus

...from Powys Teaching Health Board. You do NOT need a medical certificate to demonstrate that you have a "reasonable excuse" not to wear a mask. So, your GP practice or other healthcare provider won't be providing these. Welsh Government guidance advises that "you may have a reasonable excuse not to wear a face covering if (for example): *You are not able to put on or to wear a face covering because of a physical or mental illness, or because of a disability or impairment *You are accompanying somebody who relies on lip reading where they need to communicate; or *You are escaping from a threat or danger and don't have a face covering. You may also have a reasonable excuse to remove a face covering temporarily if (again, for example) *You need to take medicines *You need to eat or drink; or *You need to remove a face covering in order to avoid harm or injury, either to yourself or others – for example to get somebody's attention about a danger.

...from Renew Wales/Echo Church Project. An invitation to a Climate Action for Churches Zoom seminar. Friday 29th September 9.30 to 11.30am. Morning event with presentations, case studies, and workshops to explore how you, your church or chapel, can do more to address climate change in our lives. To register <https://tocyn.cymru/event/a9389d5c-f835-4c70-af00-e216837ccea4>

...from Dyfed-Powys Police. Dyfed-Powys Police is supporting the Project EDWARD road safety initiative which takes place across the UK throughout this week. Officers from the force's roads policing units will take the opportunity to drive home the Fatal 5 message – that driving under the influence of drink or drugs, speeding, not wearing seatbelts, using a mobile phone at the wheel and driving carelessly will not be tolerated. Full story: <https://www.dyfed-powys.police.uk/en/newsroom/press-releases/dyfed-powys-police-backs-project-edward-for-a-week-of-action-aimed-at-those-who-drive-for-work/>. If you have dash-cam footage that can assist with this drive you can upload this as <https://gosafesnap.wales>

...from the Little People's Playgroup and the Family information Service. Childcare Offer for Wales - Funded childcare for families of 3 and 4 year olds . Have you applied for your Holiday Entitlement for this October Half Term? You can find the link to apply in the email you received confirming your term time application had been successful. Please note, due to the changes to the last week of the summer term in Powys, Powys parents are able to make an application for TWO weeks this October Half Term, instead of usually one week, week beginning 19th October and 26th of October. Please look closely at the order the dates are shown in the application, you may find the first week of the half term is under the Christmas dates. <https://en.powys.gov.uk/article/7040/Holiday-Entitlement>

...from Powys CC. Have you seen this? New guidance about face coverings for employers and managers explaining the measures that need to be taken in workplaces <https://gov.wales/face-coverings-guidance-measures-be-taken-employers-and-managers-premises>

...from Powys Teaching Health Board. COVID-19 The Road to Recovery: This useful video from @thecsp helps you understand what to expect when recovering from Covid-19. It contains lots of useful information on rehabilitation and what you can do to help your recovery. <https://youtu.be/3sURTAaxmc8>

...from Powys CC. Some latest news that might be of interest? From this week the Welsh Government will be holding more live Coronavirus updates. They are planning to hold them on Mondays, Wednesdays and Fridays at 12:30pm and will be live streamed on Twitter and FB.

LOCAL JOB AND VOLUNTEERING OPPORTUNITIES

...from Community Communicators. Dave Coffey the local Community Connector with PAVO is receiving an increased number of requests for local cleaners in the Presteigne and Norton areas. A couple of local companies are at full capacity at present. Dave would like to hear from anyone that has a cleaning or gardening business in order that he can signpost people to such services. Please make contact with Dave on the number below or via email in order to discuss how you may be able to help. 07590639607 david.coffey@pavo.org.uk

...from Dyfed-Powys Police. Don't forget, your chance to work at the heart of communities in Powys and Ceredigion as a PCSO is here! As a Police Community Support Officer you'll spend most of your time in communities, whether that's on foot patrol, attending community meetings and events, providing crime prevention advice or supporting crime enquiries – every day you'll make a difference. Applications are now open, so don't delay – visit bit.ly/PCSO20 for more info.

PACDG – the Presteigne Area Community Development Group... “Working together for the Community”

You are receiving this email because you asked to receive the Community News & be kept informed about PACDG activities. If at any time you decide not to receive further PACDG emails, contact us on news@pacdg.org with REMOVE in the subject line & we'll immediately take you off the mailing list.