COMMUNITY NEWS

Issue 20I - August 2020

The Community News is an information service from PACDG – the Presteigne Area Community Development Group "Working Together For Our Community"

email <u>news@pacdg.org</u> to contact the Editor

- if you have any questions on what's happening or not happening in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction email the Editor
- please email us if you see or hear of anything that will be of help to other residents, including local area job opportunities
- if you need assistance in any way, email us and we'll pass on your message to people who can help.
- ...AND IF YOU NEED TO CHECK BACK ON PAST ISSUES FOR INFORMATION, YOU CAN SEE THESE (along with lots of other good information) ON THE TOWN WEBSITE <u>www.presteigne.org.uk/calendar</u>

...about the Radnorshire Arms. See the video interview on BBC H&W with Lee from Allworks Ltd, the new owners of the Radnorshire Arms <u>https://www.facebook.com/</u> bbcherefordandworcester/videos/1192364357795881/

SCAM ALERT

...beware 'computer problem' scams. Criminals pretending to be calling from Microsoft, Norton, BT or other wi-fi providers are again active trying to scam Powys residents. If you receive a call saying your computer has problems or has been infected or hacked, or your Virus Protection needs updating, just hang up the phone. DO NOT UNDER ANY CIRCUMSTANCES ALLOW THESE PEOPLE ACCESS TO YOUR COMPUTER! If you do you are at serious risk of losing money from your bank accounts or having your computer locked. No employee from these companies will ever call you about such matters. DON'T engage in conversation. PUT the phone down. NOTE the phone number. ALERT friends and neighbours.

UPDATE FROM LOCAL BUSINESSES AND THE HIGH STREET

(things are settling down now but still best to first check information on websites or Facebook pages)

...from East Radnor Leisure Centre. We're super excited to be opening on Tuesday 1st September and getting you back to exercise at your favourite Leisure Centre. Our gym / swimming pool and exercise classes will be available. Our programmes are shown below. Due to limited spaces these all must be booked in advance. We are also operating using card payments only. We will be taking bookings from Tuesday so give us a call as early as possible. We have been working hard to plan how we can re-open safely and with the necessary social distancing and hygiene measures in place to provide you, our valued customers, with the reassurance we know you need to come back. We will be posting further information on facebook and on our website. Keep an eye out for further updates. With regards to fitness classes we have the following to book in for:

*Fit in 45 - Tuesday 1st September @5:30-6:15pm

*Kettlebells - Thursday 3rd September @5:30-6:15pm

Classes for the following weeks will be reviewed. Thank you everyone for being patient with us and we look forward to seeing again next week!

...from Bea's Care Services. Hello everyone. It's been a long time since I've posted anything. I've been busy with my wonderful clients. I really couldn't wish to have nicer people to be working with. Just thought I'd let you know that I have few morning and afternoon spaces. Also

a limited amount of evening spaces. So if you're in need of any sort of support give me a call or just email me on <u>biancaalsobea@gmail.com</u>. Bea x

...from No.46 Wine Bar. Our phone line is now working again at No.46! However our phone number has changed, now 01544 598291. We have updated our info to include our new number. Meaning you can now call us for bookings and any other queries!

...from Knighton Community Market. Saturday 29th August from 9.30 until 12 noon Knighton Community Market in the car park of Knighton Community Centre Our confirmed vendors so far are The Pie Creator, Malcolm's Stone Carving, Wendy's Knitted Items, Hil's cakes, Jenny Knoll Farms, Amanda's Breads, Wild Welsh Wool, Berriew Cider, Mick's plants, John's Honey, Craftique, Caws Marmahs, Lou's Baked Treats, Melts and More Wales, Richard's Knife Sharpening, Malcolm's Pottery, Jan's Cards and quilling..... social distancing must be adhered to and a one way system is in place. See you Saturday!

...from The Retreat. Marian will be working Mondays and Fridays at The Retreat in Presteigne. For appointments please email <u>marian@silvanmassage.com</u> or call 07816 981454.

...from The Warehouse. We have a selection of beds and mattresses, all good clean condition, double and single divans, single slatted and others coming in this weekend, including a trickle bed. Prices from only $\pounds 10$. Also many wooden headboards in stock. Come and take a look, make a reasonable offer and get a bargain.

...from Chilvers Country Supplies, Presteigne. Bulbs glorious bulbs!!! Lots of different varieties in stock at Presteigne store! Daffodils, crocus, hyacinth and more!!

...from Carrie Pearson. Please give your babies half a chance of being reunited with you....microchip your cats and dogs and keep the details up to date!! Chip and Scan Powys 07594434470

...from Weobley Ash. Hogget and mutton chops, Barnsley chops, leg, shoulder, dice and mince in store. Open from 9-4 Tuesday to Saturday

...from Arrowfield Vets. We have recently had a small number of clients unhappy over not being able to accompany their animal inside the practice. We would like to tell you why at this moment in time we are still asking clients to remain outside:-

We have 8- 10 vets, 5 nurses and support staff working across both our branches at any one time. Our vets will see approximately 50- 60 patients per day, so if every person accompanied their pet into the practice, the risk of COVID is greatly increased. This is due to the inability to properly socially distance whilst examining and treating your pets as well as factors such as minimal ventilation in consult rooms and trying to protect vulnerable members of staff whilst allowing them to give the best possible treatment to your pets.

Under the current track and trace regulations if one of our staff gets COVID then potentially our whole practice would have to close for 14 days whilst everyone isolates. This is because when our staff are examining, blood sampling and operating on your pets we are in very close proximity. Rest assured, your pet gets plenty of attention and cuddles from our nurses whilst in the practice! (And dare we say some are even better behaved without their Mum and Dad with them! We don't want to work like this for any longer than we have to but at this moment in time we need to protect each other. Please be polite to our staff, especially those on reception and understand why for now, you will not be allowed in with your pets. Many Thanks Team AVP

...from Roger, editor of St. Andrew's Parish Magazine. Print editions of The Parish Magazine are back! Thank you to all who have been involved in writing, editing, printing, collating and distributing our September issue. If you do a delivery round, you will find your named pile at the back of church for collection. Some single copies are also available. Don't forget to sanitise your hands when you go in to pick your magazines up!

DATES FOR YOUR DIARY & OTHER INFORMATION

...from Royal Albert Hall Home and the BBC Proms. Tonight, we welcome back the world's greatest classical music festival - albeit in a different way than we're all used to. While we can't

welcome audiences for the BBC Proms this year, the aim of the festival remains the same: to share the greatest classical music with as many people as possible. Please help us keep orchestras, singers, soloists, and production crews safe by joining us on BBC iPlayer and BBC Sounds for two wonderful weeks of BBC Proms. Here's how <u>https://www.royalalberthall.com/about-the-hall/news/2020/august/bbc-proms-2020-explained-how-to-watch-the-worlds-greatest-classical-music-festival/</u>

...from the Bracken Trust who are working on recommencing activities to support those affected by cancer from their Knighton hub. "We are currently in the process of developing safe working practices for the reinstating of these services within local and national guidelines and will let you know as soon as we have any details. In the meantime, we continue with nurse and counsellor support via the telephone, information technology methods and some face-to-face support from our Centre in Llandrindod Wells. Please do not hesitate to contact us if you require further information and encourage anyone in your locality who needs our support to contact us on <u>01597 823646</u> or via email info@brackentrust.org.uk. Thanks, Helen"

...from Powys Learning Pathways. Are you starting Year 12 at a Powys Sixth Form in September 2020?You may qualify for a free laptop! Find out more by visiting <u>https://www.powyslearningpathways.wales/free-laptop</u>

...from Presteigne Freegle. Get your garden winter-ready! How to make a simple Hedgehog House <u>http://ow.ly/BuVr30pscBY</u> via @WildlifeTrusts. Find materials you need for free via your local friendly #freegle reuse community, find out what's being given away nearby to you here <u>http://ow.ly/DbOu30nyjdj</u>.

...from Recycle Now. Remember that egg shells can also be added in your home composting bin provided by Powys. Find out more about what you can recycle at <u>recyclenow.com</u>

...from Powys CC. Secondary school pupils in Powys will be required to wear face coverings on school transport, the county council has said. Powys County Council has made the decision following the advice published by the Welsh Government's Technical Advisory Group earlier this week on the use of face coverings. The use of face coverings does not apply to those pupils who are exempt for medical reasons. The council will also provide two face coverings to every secondary school pupil who uses home to school transport, including taxis. Parents are being asked initially to provide face coverings for their children for the first day where possible until they receive the face coverings from the council. However, parents and carers are being encouraged to take their own child/children to school wherever possible using active travel or cycling. If private car use is necessary, parents and carers are encouraged to park away from the school site and use active travel to travel the remaining distance.

...from Presteigne Festival. A huge thank you to the artists, composers, film makers and other arts professionals who have made Presteigne Digital such a brilliant success – judging by the number of views we've had, we're reaching a new and extremely large audience. All 11 events are available free-to-view until 31 December, but please make a donation if you can – the future survival of the Presteigne Festival depends on it: <u>bit.ly/2EwvjA</u>

LOCAL AREA JOB AND VOLUNTEERING OPPORTUNITIES

...from Red Kite Fostering. Red Kite Fostering is recruiting for loving carers that are willing to look after mum and baby placement for short term stays. Perfect for stay-at-home working women who want to provide their families with a decent income. It's a real opportunity to make a difference to a young mums life by providing them with a comfortable environment and support for a short while when they need it the most. Interested? Contact us for more information 01544 231 657

...from Sun Care. We Currently have Home Support Key Worker vacancies. Full and part time in the Kington and surrounding area. Want a rewarding job that actually makes a difference to someone's life. We are calling for you !! Join our friendly company in providing care and support to adults in their own homes for over 20 years. Our Kington office covers Kington,

Presteigne and New Radnor areas. Our Brampton Bryan office covers Knighton, Bucknell, Leintwardine Clun, Bishops Castle and Craven arms areas. We require reliable and caring people to help us provide our high quality service. We offer good rates of pay, enhanced weekend rates, travel payments and mileage. Own transport essential. Experience not essential as Full Comprehensive training and support will be given to achieve diplomas in health and social care. Contact for informal chat and application form - Carole 01544 231413

...from Bluebelles Care Agency. Due to expansion we have had a position come available for a part time care assistant this may increase to full time. Previous experience not necessary as full training will be given. Driving licence an advantage due to the rural area we live in. Good rates of pay including weekend and bank holiday enhancements and mileage allowance. For any more information please ring 07791 655492 as messages on Facebook don't always come through.

PACDG – the Presteigne Area Community Development Group... "Working together for the Community" You are receiving this email because you asked to receive the Community News & be kept informed about PACDG activities. If at any time you decide not to receive further PACDG emails, contact us on <u>news@pacdg.org</u> with REMOVE in the subject line & we'll immediately take you off the mailing list.