# Community News

### Issue 177 June 2020

an information service from PACDG - the Presteigne Area Community Group "Working Together For The Community"

You are receiving this email because you asked to receive the Community News & be kept informed about PACDG activities. If at any time you decide not to receive further PACDG emails, contact us on <a href="mailto:pacd@cicloud.com">pacd@cicloud.com</a> with REMOVE in the subject line & we'll immediately take you off the mailing list.

# IF YOU NEED TO CHECK BACK ON PAST ISSUES FOR INFORMATION, YOU CAN SEE THESE (along with lots of other good information) ON THE TOWN WEBSITE <a href="https://www.presteigne.org.uk/calendar">www.presteigne.org.uk/calendar</a>

- Please contact us if you see or hear of anything that will be of help to other residents email pacdg@icloud.com
- and if you need assistance in any way, email us and we'll pass on your message to people who can help.

Ed. Please note that the Book Exchange that was mentioned in the last issue is not able to continue as the boxes have had to be removed from the Library alcove.

#### **SCAM ALERT**

Beware convincing scam emails saying your TV licence has expired and asking you to renew online. Never click on links in emails unless you're sure of the origin. Instead, if you're unsure, go to the company's website instead (ed. thanks to John for this)

## **UPDATE FROM LOCAL BUSINESSES AND THE HIGH STREET**

(things keep changing so, best first check information on websites or Facebook pages)

...from The Workhouse. RE-OPENING NEWS! We can't wait to welcome you back on Wednesday, 1st July. Our new opening days will be Wednesday-Saturday from 10am to 4pm. To thank you for your patience, we are offering 20% off all website sales from now until we reopen using code TAKE20: <a href="https://www.theworkhousegallery.co.uk">https://www.theworkhousegallery.co.uk</a>. Although things won't be exactly as they were before, we hope you are as excited as we are to find a 'new normal'. To help keep everyone safe, there will be a handwashing station at the entrance, a maximum occupancy limit for the building, social distancing of 2 metres, and screening for the till areas. From the 1st of July you will also be able to get takeaway coffees and cakes from the café.

...from Weobley Ash. Plenty of great grass fed Hereford beef, shin beef, stewing beef, mince, dice, top rump joints, silver side, top side, sirloin, fillet, rump and ribeye. Plenty of quality meat, pork, beef and chicken in the chiller, fruit and veg, Jersey new potatoes today. Call 01544 598120 or email <a href="mailto:shop@weobleyash.co.uk">shop@weobleyash.co.uk</a> to order or call in to the shop, open 9-4 Tuesday to Saturday

...from Bea's Care Services. Life returning to normal...Life over recent months has been a strange, and testing time for a lot of us. COVID 19 has caused unprecedented changes, and our day to day life has changed for the foreseeable. As the world slowly starts to revolve again, employees are returning to work, and our new way of life commences. Understandably at the forefront of our thoughts is the health and well being of our loved ones. In recent times a lot of us have taken exceptional responsibility to ensure they are safe and well, but as life returns to normal this isn't feasible for everyone. Do you you need someone to take the weight off your shoulders? Do you need someone to pop in to see a loved one? Whether they need help preparing a meal, personal care or maybe just some one to have a cup of tea and a chat? Bea's Care Services can be tailored to your loved ones requirements. I'm fully DBS checked, insured and have full PPE for use when required. I cover Presteigne and the surrounding areas. Having been within the care industry for over 15 years, I know how much our nearest and dearest mean to us all, and how much a safe pair of hands can help. Please don't hesitate to contact me with any queries. Tel: 07816 370853. Thanks, and stay safe. Bea

- ...from Leon's Food to Order. Hi everyone Leon's Food to Order is back and available to order online. Just go to <a href="https://www.thesaltydogpresteigne.com">www.thesaltydogpresteigne.com</a>, look for the link on the right and click to take you to the Order Form. Thank you. Best wishes. Leon & Ross
- ...from PNCS. We are re-opening! Our Community Car Scheme still continues as normal. The PNCS Office in the High Street will re-open on 1st July 9.30am to 12.30pm. Our Charity Shop, and The Warehouse will re-open on Friday 3rd July but with restrictions on numbers of customers and some adjustment to opening times. Customers will also be asked to use the hand sanitiser provided before entering. All donations should go to the usual donations box outside the Warehouse or to the Warehouse itself. Please do not take any donations to the shop as all items will have to be quarantined before they are put on sale. We will be displaying notices outside with the opening times and restrictions, as they may need to change as things progress. We look forward to seeing you soon!
- ...from Presteigne Bowling Club. The Welsh Government has said that lawn bowls can restart from the 22nd June albeit in a very limited way!! Follow the Bowls Wales webpage for further updates! <a href="https://bowlswales.com/covid-19/">https://bowlswales.com/covid-19/</a>. Watch this space for information on Presteigne Bowls Club.
- ...from Nicky Tranter Tree Care. All types of tree and hedge work please call for a free quote 01547 520075 or email <u>nickytrantertreecare@mail.com</u>. Thanks
- ...**from lan Wood barber.** Please can you post that it looks like barbers can start in wales <u>on the 13th July</u> but by appointment only which I will be taking <u>from Friday</u> the <u>26/6/20</u> on <u>07977000741</u> or via Facebook messenger, thank you, lan
- ...from Wild Thyme Italian. See this week's Wild Thyme takeaway menu on our Facebook page. A couple of new additions: smoked haddock, leek and pea risotto and a spinach and ricotta cannelloni.
- ...from Little People's Playgroup. Please keep spreading the word that UNTIL OCTOBER 2020, every time Co-op members shop at Co-op, 1% of what they spend can be donated to Presteigne Little People. To find out how you can vote for us over the next few months or become a Co-op member, please click on our unique link below: <a href="https://membership.coop.co.uk/causes/39691">https://membership.coop.co.uk/causes/39691</a>. PLEASE SHARE THIS POST and spread the word to friends and family across the UK. This is an amazing opportunity for us to raise much needed funds for our setting.
- ...from Maggie Wood. The Barber's Shop in Radnor Buildings on Hereford Street is currently untenanted. It is furnished for barbering if someone would like to take it on. This could be short term or long term. Hairdressers and Barbers are allowed to re-open, by appointment, <u>from July 13th.</u> Do get in touch if interested. This could be a great opportunity after lock down! The shop could also be available for any other retail purpose. Enquiries to <u>maggiewood99@hotmail.com</u>
- ...from Amanda's Bread. We have a full range of cakes, vegan breads and pasties, and preserves available this week. Email for full list and prices to <u>asimpsonatkins1@gmail.com</u> on Monday 22nd June or asap for delivery to Presteigne area on Saturday 27th June, thank you.
- ...from SPAR Presteigne. We're delighted to announce this week's Community Cashback Grant finalists who will each receive a proportion of the £7,500 weekly fund. They are:

  North West: (1) WeLoveCarers Charity (We Love Carers) (2) Your Space (Marches) Ltd. (Your Space) (3) Hope House and Ty Gobaith Children's Hospices (Hope House & Tŷ Gobaith)

  South West: (1) The Play Yard (The Play Yard) (2) Artis Community (Artis Community) (3) East Radnorshire Day Centre (East Radnorshire Day Centre)
- North East: (1) Rainbow Stars (https://www.facebook.com/pages/Rainbow-Stars-Hub/113692433403867)
- (2) Doncaster Rape and Sexual Abuse Counselling Services (Drasacs) (3) The Hinge Centre (https://www.thehinge.org.uk)
- South East: (1) Leicester University Community First Responders (<a href="https://lucfr.co.uk/">https://lucfr.co.uk/</a>) (2) Guild Care (Guild Care) (3) The Meeting Room (Surrey) (https://www.themeetingroom.biz/)

Now, it's over to you, our shoppers, to vote for who you want to receive the top grant of £1,000 – hit the link below and cast your vote <a href="https://www.afblakemore.com/our-community/voting">https://www.afblakemore.com/our-community/voting</a>
For more information on each of the above groups and for competition Terms and Conditions Click Here: <a href="https://www.afblakemore.com/docs/content-new/Terms">https://www.afblakemore.com/docs/content-new/Terms</a> and Conditions (voting).pdf Voting will close midday on Thursday 25th June.
When placing your vote, please ensure that you choose an organisation that's in your local

region. (ed. please CHOOSE EAST RADNOR DAY CENTRE !!!!)

The group that receives the most public votes will receive £1,000 (1st place), the group with the 2nd most votes will receive £500 (2nd place), and the group with the third most votes will receive £375 (3rd place). Don't forget organisations can apply to join the scheme until 9th July! All you have to do to apply is fill in our application form <a href="https://www.afblakemore.com/our-community/community-cashback-grant">https://www.afblakemore.com/our-community-cashback-grant</a>

#### THINGS TO DO WHILE STAYING IN & DATES FOR YOUR DIARY

...from Presteigne Festival Online. The Presteigne Festival''s 'Lunch and Learn' arts project for the senior community has been able to move online, thanks to a grant from the Community Foundation in Wales. The initiative which led by Lois Hopwood is undertaken in partnership with the Bleddfa Centre. Further information can be found via this link https://bit.ly/3hHfPbW

...from NASA. Using their free app - for both Android and IOS - you can look down on the Earth from the ISS International Space Station, watch NASA events, and get their latest photos and videos, free.

#### OTHER INFORMATION

...from Barbara Shears. (See my Facebook page for) some of the 46 face masks I've sent out. If you know anyone who needs a mask, please let me know.

...from the Welsh Government. What is changing from Monday 22 June about what you can and cannot do.

- all non-essential shops in Wales will be able to re-open enabling private prayer in places of worship where social distancing is maintained and gatherings do not take place
- restarting the housing market by enabling house viewings to take place in vacant properties and house moves where a sale has been agreed but not yet completed
- lifting the restrictions on outdoor sports courts but social distancing must be maintained. No contact or team sports will be allowed enabling non-professional elite athletes, including Olympic and Paralympic hopefuls, to resume training.
- The requirement to stay local and not generally travelling more than 5 miles from home remains in place. However, new guidance will make it clear people are able to travel outside their local area on compassionate grounds. This includes seeing people at a care home or a youth offender institution when these visits are allowed.
- People who are eligible to vote in overseas elections, where voting must be done in person, will also be able to travel.

Ministers have also decided to lift the requirement to stay local on 6 July, provided the conditions allow. With the requirement lifted, people will be able to travel to tourist attractions across Wales. The First Minister has signalled to some businesses and the visitor and tourism industry to use this period to begin to make preparations for reopening.

At the next review on 9 July, the Welsh Government will consider a range of specific options for opening: Self-contained holiday accommodation - Personal care services, such as hairdressing and beauty, by appointment.. <a href="https://gov.wales/first-minister-announces-further-steps-to-unlock-wales">https://gov.wales/first-minister-announces-further-steps-to-unlock-wales</a>

...from Rhiannon in Presteigne Library. Although Presteigne Library is closed for the moment, you will soon be able to order books again through our new Order and Collect service, either online or by phone. If you are isolating, we are in the process of setting up deliveries, or you can organise a time to pick the books up from the nearest participating branch or a drop point in Presteigne. This service is not available yet but will be very soon. You can also still borrow ebooks, audio books and emagazines for free at <a href="https://en.powys.gov.uk/elibrary">https://en.powys.gov.uk/elibrary</a>

- ...from Powys CC. Here is our schools re-opening questions and answers page containing a host of information and questions around the re-opening of schools <a href="https://crowd.in/bNZc9T">https://crowd.in/bNZc9T</a>
- ...from Kirsty Williams and Powys CC. Powys County Council is currently consulting on its Home to School Transport Policy. The consultation is live now and will end on 27 July 2020. It is really important that families who will be affected by changes to this Policy respond and have their say. You can:
- 1. Fill in the questionnaire online at: <a href="https://haveyoursay.powys.gov.uk/education/home-to-school-transport-policy/">https://haveyoursay.powys.gov.uk/education/home-to-school-transport-policy/</a>
- 2. Send a written response via email to <a href="mailto:school.organisation@powys.gov.uk">school.organisation@powys.gov.uk</a> or post to School Transformation Team, Schools Service, County Hall, Spa Road East, Llandrindod Wells, Powys, LD1 5LG
- 3. Request a printed copy of the document, or a copy in a different format, by contacting the School Transformation Team 01597 826277, or by e-mail <a href="mailto:school.organisation@powys.gov.uk">school.organisation@powys.gov.uk</a> Following the consultation, a Report will be prepared summarising the issues raised during the consultation period and the Policy will be updated. The Consultation Report and the post-consultation version of the policy will be considered by the Powys Cabinet in September 2020.
- ...from Presteigne Freegle. Giving away your unwanted things, no matter how small or incidental can be super helpful to others. Join us to execute #RandomActsOfKindness! <a href="https://www.ilovefreegle.org">https://www.ilovefreegle.org</a>
- ...from PCC and Public Health Wales. Screening programmes in Wales will start sending invitations and reminders again to people eligible for screening, starting with Cervical Screening Wales from the end of June. For more information visit our website: <a href="https://phw.nhs.wales/news/public-health-wales-screening-programmes-to-restart/">https://phw.nhs.wales/news/public-health-wales-screening-programmes-to-restart/</a>
- ...from PAVO. Calling all young people in Powys! Are you looking for funding for a youth led volunteering project? Contact <a href="mailto:grants@pavo.org.uk">grants@pavo.org.uk</a> for more information
- ...from Powys Teaching Health Board. Remembering to take time out to look after yourself can be difficult during this time of stress and uncertainty. #mentalhealth support is available for Powys residents through our confidential online service, Silver Cloud. Visit <a href="http://bit.ly/3auj07z">http://bit.ly/3auj07z</a>
- ...from POWYS CC. The impact of the Covid-19 pandemic has been felt across the county with local businesses either having to close or change the way they work. Powys residents have, for the most part, been able to shop locally for food and some other products as a number of local businesses have continued to operate responsibly within the restrictions and serve our communities. We are encouraging and asking residents to #SupportLocalPowys both now, and in the future wherever possible, to support our local businesses and help our economic recovery in the county.
- ...from Powys CC to Powys businesses have you completed our Covid19 survey? To help us understand what support businesses need as a result of the pandemic, we need your views! If you have a business in Powys please take 10 minutes to fill out our online survey thank you! <a href="https://crowd.in/jkeUaw">https://crowd.in/jkeUaw</a>
- ...from Powys CC. Have you ever thought about working for yourself in the care sector? We have a dozen people doing just that in Powys they run their own small business but they also receive direct payments to provide care to Powys people. Here's a video that shows the benefits of becoming your own 'micro-enterprise.' You can find out more at the Community Catalysts Facebook page (https://crowd.in/ljochQ) or at <a href="https://crowd.in/S30l0L">https://crowd.in/S30l0L</a> @commcatsinpowys