

Community News

Issue 163 May 2020

an information service from PACDG - the Presteigne Area Community Group "Working Together For The Community"

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IF YOU NEED TO CHECK BACK ON PAST ISSUES FOR INFORMATION, YOU CAN SEE THESE (along with lots of other good information) ON THE TOWN WEBSITE www.presteigne.org.uk/calendar

- Please contact us if you see or hear of anything that will be of help to other residents - email pacdg@icloud.com
- and if you need assistance in any way, email us and we'll pass on your message to people who can help.

SCAM ALERT

...a cautionary tale (from Steve Foster). *"While shopping in Morrisons Leominster today, my wife Ruth was talking to a 90 year old ex soldier (while maintaining social distancing!). He was telling her about a visitor he had last night who said she was from the police, and that they were registering people on a scheme where the police would apply for help and benefits on their behalf. However he became suspicious when she asked for his bank details "in order to make any payments direct to his account". He noticed a car pull up outside his house so told the girl that his friend who "is also a police officer" had arrived - she fled at high speed! Please share this with any elderly or vulnerable people out there who you might know. The real police advised this gent not to answer the door to anyone who he is not expecting, and to check their ID"*

UPDATE FROM LOCAL BUSINESSES AND THE HIGH STREET

(things keep changing so, best first check information on websites or Facebook pages)

...from Joan. *"Please say thank you to the lovely volunteers in their hi-vis vests who are helping control entry into the shops on the High Street. It's so difficult to stay away from other people in Premier and Spar because the space is so cramped and I feel so much safer with the volunteers limiting the number of people going in. But why are so many people not wearing masks ? I don't understand."*

...from Presteigne Freegle. We are really pleased to be able to restart Presteigne Freegle next Tuesday 26th May, in line with our local councils' decisions to reopen the Household Waste Recycling Centres, and Government guidance to utilise online reuse platforms such as ours wherever possible. To sign up go to www.ilovefreegle.org and join our community of over 2800 local freeglers dedicated to re-using stuff of all sorts, to stop it going to landfill. We hope you and yours are well and safe. Please follow the 'safe use' guidelines on our website to freegle responsibly and help keep it that way.

...from Knighton & East Radnor Food Bank. Dear Supporter of Knighton & East Radnor Food Bank. Please see our latest shopping list and feel free to share it with your friends and contacts. You will notice that at this time we definitely do not need any baked beans or soups!

Tinned Spaghetti; Tinned Cold Meat; Tinned Pies/meatballs/hotdogs; Tinned Fruit; Tinned Custard; Tinned Rice Pudding; Tinned Evaporated Milk; Longlife Milk; Cereals – esp child friendly!; Tea Bags; Coffee; Jam/Chocolate Spread/Peanut Butter; Children's snacks or treats; Shower/Bath Gel/Shampoo Toothpaste; Deodorant; Shaving Razors/

Shaving Foam; Anti- Bacterial Hand soap/wipes; Washing up Liquid/Washing Detergent. We appreciate any help or support , especially during this difficult time. We are following Covid-19 guidance and as a result, we are asking that if you are calling at the food bank to drop off food, please knock at the food bank door and/or leave items on the doorstep. Alternatively, you can leave food donations in the Food Bank box for us to collect, in the Co-op or Costcutters (Knighton) or the Spar (Presteigne). We prepare food parcels on a Tuesday/Friday 10 -11.30 (Knighton Baptist Church) or a Thursday 10-11.30 (Presteigne Baptist Church), and these are then delivered by myself or a volunteer, to our friends in the community who are experiencing hardship. Once again, thank you for supporting our food bank, Please keep safe and well, Kind Regards, Helen

...from Alexia. I have a selection of cards for sale £3 each, or 5 for £10. Alphabet letters, vegetable illustrations and animal scenes. See my website www.alexiatuckerillustration.com. I can arrange to leave outside our house on Scottleton Street for socially distanced collection, please call 07875 166 672 or email info@alexiatuckerillustration.com. I also have a selection of prints available starting at £15, for those looking for gifts.

...from Lyonshall Nurseries. I am very pleased to let you know that the staff are very willing to open on Wednesday evenings for NHS, Care & Key Workers starting tomorrow 20th May, between 6 and 8pm. We all appreciate the numerous people working hard and selflessly to protect lives & for providing essential services within our community. I am aware that the working hours may not fit well for getting to the shops whilst they are normally open. We have decided to try to see if there is enough demand to open especially for you. If you are, or know someone who is working for the NHS, as a Care Worker, or is a Key Worker, such as Police Officers, Firefighters, Prison Officers, Teachers, delivery drivers, Journalists, Armed Forces & other essential service people such as refuse collectors, and may like to visit the nursery on Weds Eve then please feel free to call in. Please note this is not a free for all! Please respect the NHS, Care & Key workers and let them have their own time to visit. Thank you. It's great gardening weather (even though we need some rain, but not the frosts!). Best wishes, Simon & the Lyonshall Team

...from PBS. Update ! We are now open for 2 customers at a time in the shop and warehouse. Opening hours Monday - Friday 7:30AM / 5PM. We are asking Trade customers that are account holders to still use the HGV entrance and all other customers to use the front gate as normal. You may be asked to wait in the car park for customers to leave please do so patiently. Thank you.

...from Weobley Ash. It's Competition Time - 1st Prize: 1 x beef box worth £60; 2nd Prize: 1 x Bbq box worth £45. As we approach 1000 followers we thought we'd say thank you by way of a competition. Please visit our Facebook page and Like & Share this post, and we shall choose 2 winners **this Friday evening at 6 pm!** Good luck ! In the shop - Beef burger bbq box, 8 x beef and bacon burgers, 8 x hickory smoked beef burgers, 12 x plain pork sausage, bag of new potatoes and 3 peppers for barbie, £25 per box, suitable for freezing. Large chicken bbq kebabs £7 per set of 4, in store. Chicken now in store, whole birds 1.9 kilo £6.49 each or 2 for £12, Red Tractor Assured. Spatchcock chicken, plain, sage lemon & olive oil or Greek marinade £8.75 each. Please pre-order if possible to guarantee your order. Call 01544 598120 or email shop@weobleyash.co.uk

...from **Victoria Fish Bar**. We will be re-opening Thursday 4th June, limited hours. More details to follow

...from **Lesley at Rose Cottage Flowers and Café**. Please try our ready meals that are delivered, ready to heat up and serve. Order by 9am Monday for Tuesday delivery and by 9am Thursday for delivery on Friday. We deliver to Presteigne in the morning and Lingen, Leintwardine and Wigmore in the afternoon. Our Menu is posted on the Facebook page for Rose Cottage Flowers and Cafe, or email me on lesleyharvey1@outlook.com and I will send you a menu. I have a few different frozen curries if your favourite is not on this menu. Fridays tend to be more curry with samosas, onion bhajis, rice and naan bread.

THINGS TO DO WHILE COCOONING

...from **Jules at Presteigne History Project**. *No festivals, no problem visit <https://www.youtube.com/user/julesdingle> an archive of all the Sheep Music videos, plus bands, Tour de Presteigne, plus more bands and the studio archive slowly being uploaded- new stuff every week. The picture (on the Facebook page) was from the first SM video from 2002 - thanks to Rohan Scadding who did the original art work. Up coming is Fiddle Fable, and Evensong that have been long over due for an edit. xJ*

...from **Recycle Now**. The Recycle Now Action Pack is a super creative way to help children learn at home. Check out The Action Pack gallery to see the posters and models that have been designed so far <https://bit.ly/2LHCUMY>

OTHER INFORMATION

...from **Powys Teaching Health Board**. Members of the public in Powys with symptoms of Coronavirus (COVID-19) can now request a home testing kit. Follow the link <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-for-coronavirus/ask-for-a-test-to-check-if-you-have-coronavirus/>

Click "Ask for a Coronavirus test"

Choose "Request a home testing kit"

Symptoms of Coronavirus (COVID-19) include: New continuous cough - Fever - Loss of taste or smell

...from **Public Health Wales**. The latest number of confirmed cases of Coronavirus in Wales has been updated. Data dashboard: <https://tinyurl.com/wgthkgs> (mobile <https://tinyurl.com/ybm8yare>). Find out how we are responding to the spread of the virus in our daily statement here: <https://tinyurl.com/ydgql6ya>

...from **NHS UK**. From today, the UK's list of coronavirus symptoms has been updated.. Self-isolate if you develop any of the following:

- new continuous cough - fever - loss/change in your normal sense of smell or taste

More info: <https://www.gov.uk/government/news/statement-from-the-uk-chief-medical-officers-on-an-update-to-coronavirus-symptoms-18-march-2020>

...from **PCC Housing Services**. Tenant Participation Advisory Service Survey. As the Covid-19 pandemic situation continues TPAS Cymru are keen to hear from tenants about their current concerns and needs, and what sort of services and support tenants want from landlords going forward. (TPAS Cymru is the the Welsh Government appointed tenant involvement organisation in Wales). To access the survey please click on this link: <http://doo.vote/may>. Share your views in less than 5 minutes - Chance to win

online vouchers of £75 - Influence and improve housing services for tenants in Wales - All responses remain confidential. Don't miss out on this opportunity to join Wales' largest tenant survey - add your voice in order to improve the services tenants receive.

...from the Welsh Government. Our message remains that if you can work from home, you should do so. For businesses that are open, the 2 metre physical distancing duty in Wales is law. More here <https://gov.wales/business-and-employers-coronavirus>

...from Powys County Council. Latest news: Work on some council construction projects which temporarily closed to comply with Welsh Government preventative measures will see work resuming shortly. Across the county, work on some of the council's construction projects will begin again with extra safety standards being introduced to protect the workers, communities, and general public. Working together to meet the governmental guidelines on social distancing and safe ways of working, the council and its contractors hope to see work resume on the majority of projects shortly. This includes work on highways, housing developments, recycling bulking facilities and schools.

...from Careers Wales. We're holding another live Q&A session on our Facebook and Twitter channels for parents on Thursday 21 May. Our advisers will be on hand between 2-3pm to answer any questions or concerns you may have around future opportunities. Keep an eye on our page for further information.

...from PCC Libraries. Following the First Minister's recent announcement, the council is looking at how best to offer library resources to Powys communities. Currently, there remains a great deal of uncertainty about the associated risks of Covid-19, and thus careful planning and caution is needed.

...if you live in Herefordshire and were affected by flooding. Flood Recovery Grant deadline - If you're a flood affected resident or business the deadline for Flood Recovery Grant applications is this Friday 22 May, by 5pm ! For more information about the funding, eligibility and how to apply, please visit <http://orlo.uk/KgODf>

PACDG - the Presteigne Area Community Development Group... "Working together for the Community"

If you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - simply email pacdg@icloud.com.