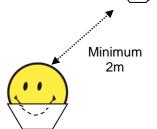
During the coronavirus (COVID-19) crisis we cannot print collate or deliver

The parish magazine

For the parishes of **Presteigne** With

Discoed, Kinsham, Lingen and Knill, and so here is the completely free



AUGUST 2020

ALL-COLOUR Online Issue

You don't have to print out this issue of The Parish Magazine if you can read it on a screen.

However if you want a printed copy, either

- a) (the best way) print $\underline{\text{two}}$ A5 pages to each side (duplex) of A4 sheets in landscape, selecting 'short-side stapling', \pmb{or}
- b) print to both sides (duplex) of A5 sheets in portrait mode.

To give you these options the pages have been consecutively numbered - unlike the pages which would normally usually make up the Magazine!

Do feel free to forward this magazine to others by email or as hard copy – on condition that it is not added to or the text altered in any way. If you did not receive it directly from us and want to be added to our distribution list, or want to contribute, email

standrewsintray@btinternet.com

Copy/artwork deadline for our September issue: Wednesday 17th August. See also page 16

Our thanks to all who have contributed to this issue, including Christine, Clare (for her excellent photo on page 16), Helen, the two Johns, Rosemary, Ruth, Stephen, and Tracey.

Roger Cartis, Editor

Services in the Presteigne Group of Parishes August 2020

This is what we are planning, but plans can change...

Aug 2 nd	9.30	<u> </u>	Lingen
Trinity 8	11.00		Presteigne
Aug 9th Trinity 9	11.00	Morning Prayer (BCP)	Presteigne
Aug 16 th	9.30	Holy Communion (BCP)	Lingen
Trinity 10	11.00	Holy Communion (BCP)	Presteigne
Aug 23 rd Trinity 11	11.00	Morning Service (CW)	Presteigne
Aug 30 th Trinity 12	11.00	Special Group Service	Presteigne
Sept 6 th	9.30	Morning Prayer (BCP)	Lingen
Trinity 13	11.00	Holy Communion (CW)	Presteigne

No services in Kinsham, Knill or Discoed just yet.

CW = Common Worship (modern language) **BCP** = Book of Common Prayer (traditional language)

From the Registers

Funerals

Presteigne
Presteigne
Presteigne
Presteigne
Kinsham

Our thoughts and prayers are with family and friends

An Appeal for Help

The last few months have been very difficult for many people.

No one has been unaffected by the fallout from the pandemic and some have suffered very grievously. Compared to those who have lost loved ones or have been ill, our problems seem trivial, but many of our churches – in common with other charities – now find themselves in desperate financial difficulties.

- * We have missed out on four months of collections in services.
- * Fees from weddings and funerals have disappeared.
- * All our fundraising events have been cancelled.
- * In addition, **St Andrew's** has lost the venue rental income from the cancelled Presteigne Festival and from other musical events.
- * Our income from Church Hall hiring has vanished.

We are blessed by the generosity of those who have signed up to the Parish Giving Scheme, which provides us with regular weekly income. We are deeply grateful to everyone who supports us in this way – our situation would be even worse without you – but the scheme brings in just less than half the money we need to meet our commitments.

It costs in excess of £50,000 a year to pay for the mission and ministry of St Andrew's and to keep the building open. Our regular giving, though gratefully received, only gets us halfway to that massive sum.

- * Following the rewiring and relighting project and the installation of the new heating system over the last few years, we have **no** reserves.
- * We receive **no** financial assistance from the Church of England. The pandemic crisis has left us in dire financial straits.

Without your help, we will be in serious trouble within weeks.

Please would you consider making a one-off donation or signing up to direct debit giving through the Parish Giving Scheme?

If, like me, you've found that you've saved quite a lot of money during lockdown because you haven't been spending on social or arts events and frequently filling up the car with fuel, might you be willing to share some of those savings with your parish church? I'm going to do that and I know of others who are...might you join us?

- * You can send me a cheque made out to St Andrew's PCC.
- * You can pop a cash donation through the Rectory door.
- * You can ask me for a Parish Giving Scheme membership form.
- * Please use Gift Aid if you can that increases the value of your gift.

Do call me or email if you have any questions.

Please help us if you can. Thank you in anticipation.

Stephen

Reopening our Churches

Since we published the last Online Parish Magazine, we have started holding Sunday Services again in just two of our churches. Lingen reopened on Sunday July 5th and Presteigne on July 19th. It's a joy to be back in church, worshiping God and sharing fellowship. It's different – there are no hymns, we're observing two-metre-distancing and there are all sorts of other rules and regulations to stick to – but we'll soon get used to it!

At the time of writing, Lingen, Presteigne and Discoed Churches continue to be open daily for private prayer, but Knill and Kinsham will be closed (for private prayer and Sunday services) for a little while longer yet. Discoed will restart Sunday Services at the end of September. In the meantime, we are planning to hold a service every Sunday in St Andrew's Presteigne and every other week in St Michael's Lingen. This is our plan – but, of course, things can change very quickly in the current situation – services may be cancelled at short notice or others could be added. We'll do our best to keep everyone informed. Please see the Service Schedule for details, but feel free to phone or email me to check up or to ask any questions you might have.

Stephen

PS

We had a lovely Prayer Book Communion Service in St Andrew's, Presteigne on Sunday 19th July with 47 in the congregation. It was so good to see everyone and for us all to be worshipping God together again – though we are very mindful of those who would love to join us, but aren't able to do so just yet. They are still very much part of our church family and we look forward to welcoming them too in due time.

I hope this finds you in good spirits and health.

Keep safe and well

Stephen

Be joyful, keep the faith, and do the little things.
St David of Wales

See also page 16

News from Lingen

To the wonderful members and supporters of the Lingen Gardening Club, given the difficult times that we are living in, it will probably not be a surprise to you all that the club will remain closed for the remainder of 2020. Those of you who kindly took out membership for 2020 will have it automatically renewed for 2021. On behalf of the committee we hope you are all keeping well, staying safe and look forward to an improving situation in 2021.

Thanking you for all your support Alvin Lingen & District Gardening Club

Mortimer Medical Practice PPG (Patient Participation Group) update – We are open for business but in a very different way:

- All doctor and nurse appointments are triage or telephone and then face to face appointments offered as necessary, you cannot book a face to face appointment
- Some appointments are now done via video link
- From 1st September 2020 you will no longer be able to order your prescriptions by telephone. This method of ordering is unsafe and has been discouraged in Herefordshire for some time now.

Prescriptions can be ordered in the following ways:

Order when you collect for the next month (this can be done at pharmacies as well if you collect from there)

Post your repeat slip in the boxes outside the surgeries Order online via Access or the NHS app

- We have won two awards:Silver award for 2020 from Green Impact for Health and Dr Gray won the Trialogue Award from Keele University. This award is for excellence in teaching and nominations are made by Keele Medical Students
- Please wear a facemask when coming to the surgeries.
 Christine Moore MMP Lingen PPG Rep.

Teasers! Answers at the bottom of later pages.

- a) What has a forest with no trees, lakes without water, roads with no cars and deserts with no sand?
- b) What gets wetter and wetter the more it dries?
- c) Forward I'm heavy backwards I'm not. What am I? And finally.....
- d) What word is the same upside down as it is up?

Take care all, Christine Moore

Presteigne Local Food Market



Following its success last month, Presteigne Local Food Market will be held again on Saturday, 1st August from 9am to 1pm <u>outside</u> the Memorial Hall, under gazebos and with social distancing.

Don't miss this opportunity to support excellent local producers.

The excellent online Community News, which offers up-to-date guidance during the Covid-19 crisis, has a new email address:

news@pacdg.org

Amanda's Bread Deliveries to the Presteigne area every Saturday
If you attended the reopening of Presteigne Local Food Market in July, you may have been puzzled by the absence of Amanda's Bread. While they look forward to returning to the market at some point, Julian and Amanda who bake and sell Amanda's Bread products locally have simply adapted themselves to the current situation by offering a delivery service. This has been so successful and is keeping them so busy, that attending the local market is not possible. They presently deliver their goods to Presteigne and the surrounding area every Saturday. When they do return to the monthly market, they will continue delivering their goods to Presteigne and the surrounding area every Saturday.

If you are interested in having a delivery of sourdough, slow yeasted breads, vegan / vegetarian savouries, interesting cakes or local preserves, please get in touch: asimpsonatkins1@gmail.com or telephone 0775 993 9526 Amanda / 0771 870 4814 Julian. Thank you ©

Cyngor Tref Llanandras a Norton

PRESTEIGNE & NORTON TOWN COUNCIL

From the meeting held in June 2020

Purchase of outdoor hand gel dispensers: Members considered the information provided in the Clerk's report and discussed the merits and possible issues involved with having the dispensers. The Clerk advised that she felt they were essential to ensure the Council played its part in reducing the spread of infection suggesting one at the corner of the MUGA/Play Area/Wilson Terrace Toilets, one outside Hereford Street Toilets and one by the outdoor gym. Members wished to test one unit before considering any further purchases and agreed that the Clerk order one of the larger units to site by the Wilson Terrace Toilets/MUGA. A decision would be taken on further units in due course.

Planning applications: The following planning applications were considered –

20/0898/HH Grid Reference: E:331390 N: 264576 Proposal: Alterations to dwelling to include reroofing works, new door and windows to front elevation and erection of a rear extension together with demolition of existing rear extension. (Resubmission). Site Address: 4 St David's Street, Presteigne, Powys, LD8 2BP. Resolved that the Town Council has no objections to this application providing any work fits in with the conservation area requirements.

20/0875/HH Grid Reference: E:331288 N: 264433 Proposal: Demolition of a single storey extension/garage and erection of replacement two storey extension Site Address: Trincomalee, Presteigne, Powys, LD8 2DP. Resolved that the Town Council has no objections providing the neighbours are happy with all aspects of the proposals.

20/0876/CAC Grid Reference: E:331288 N: 264433 Proposal: Demolition of a single storey extension/ garage and erection of replacement two storey extension Site Address: Trincomalee, Presteigne, Powys, LD8 2DP. Resolved that the Town Council has no

objections providing the neighbours are happy with all aspects of the proposals.

Active Travel Routes Update: Presteigne to Norton: Members received an update on progress of this which had been delayed due to the Officers being re-deployed however the Officers were in talks with Welsh Government about funding. Cllr. Bamford reported that the contractor, ARUP, was under certain obligations to make works as environmentally sound as possible and agreed to supply Cllr. Kirkby with the details. Cllr Kirkby reported that he had spoken to Barbara at ARUP and that a further meeting between the County Council and Welsh Water was being held on the Meadow on 25th June (Min 11 below). Cllr. Wilding stressed that the necessary land purchases would need to be made swiftly and that it might be better for the Town Council to make the purchases. Members were reminded that any onward sale would mean the receipts would be tied for use only for capital purchases.

Hereford Street: The proposed one-way trial had been delayed due to the virus crisis and there was as yet no news on when it might take place.

Dark Skies/Lighting Update: Nothing to report on the project itself. Cllr. Veary would chase up the grant application to see if there was a date for determination. The Clerk reported that the street lighting section at the County Council had been allocated capital monies from the budget to review and upgrade street lighting in the County and that she had spoken to the new project officer to make sure he was aware of the Presteigne project and asked that any changes for Presteigne and Norton be considered with the Dark Skies Project in mind.

Donations: Made to Hope House Children's Hospice, Knighton and East Radnor Food Bank, Sheep Music and Presteigne Festival.

Surgeries: Currently suspended due to the coronavirus pandemic.

Full Minutes are available on the town website — http://www.presteigne.org.uk/Town_Council
Tracey Price, Clerk, Garn Farm, Chapel Lawn, Shropshire SY7 0BT Email pntc@hotmail.com
Telephone 01547 528575



Home Support is an established service run by the **East Radnorshire Day Centre**. We offer a variety of services such as essential shopping, a prescription delivery service, telephone monitoring calls, welfare checks and any help as necessary. The service was commissioned, and is fully funded, by Powys County Council.

Following the outbreak of Covoid-19 Coronavirus we are currently offering this service to the wider community. We have a team of fully-trained Support Workers (some of whom have been re-deployed from the Day Centre to help with demand), who will take every precaution to keep you and themselves safe. We have plentiful stocks of PPE (personal protection equipment).

We are also offering a 'Meals on Wheels' Service.

If you are concerned or need any assistance please contact us and we will do our best to help you.

WE WILL CONTINUE TO OFFER 24/7 RAPID RESPONSE TO CARELINE

Home Support: 01544 260360 homesupport@erdaycentre.org

The Day Centre itself has to remain closed for the time being.

East Radnorshire Day Centre Old School, Scottleton Street, Presteigne, Powys LD8 2BL Registered Charity no. 1088491

Day Centre: 01544 260267

The Knighton & East Radnor Food Bank

is once again welcoming callers to visit us at either Knighton Baptist Church (Norton Street) or Presteigne Baptist Church (Hereford Street).

We are supplying masks for all our visitors and have reduced the numbers who can be in the food bank at one time, to keep us all safe. We will operate an appointment system but <u>anyone</u> who arrives at our door needing a food parcel urgently will be looked after. If necessary we will offer to deliver their food, in order to overcrowding and to keep social distance. Other Covid precautions are in place as well, eg using hand sanitizer, wearing gloves and wiping surfaces with disinfectant. However, we don't want people to be too fearful of calling in, so we will offer reassurance, kindness and use common sense!

Covid Project + Feminine Hygiene Supplies.

We can help individuals and families affected by the Covid crisis and in addition, thanks to specific funding from the Welsh Government and Powys County Council, we are offering adequate supplies of sanitary products to anyone who cannot keep up with the cost of buying these products. In addition, we are, thanks to further grant funding, offering packs of masks and hand sanitizer to our friends calling in, as they cannot afford to buy these. Now that lockdown is easing, we need to make sure that everyone can access a supply of basic PPE.

School's Out Project:

If anyone you know or any family you are in contact with, is struggling to provide food during the summer break, please do get in touch with us at food bank. This is not limited to pupils receiving free school meals/vouchers.

If you can share this info amongst your church members or perhaps add to any social platforms/media you use, that would be wonderful. Best wishes and thank you for supporting our work and for looking out for those who are finding life tough right now.

Lingen Teasers answer a) a map

Knighton & East Radnor Food Bank

School's out for the summer - Please don't go hungry!



Are you worried about feeding your family during the summer break?

If you could do with help with providing breakfasts & lunches in July & August, call or text Helen on: 07731 524 058 or visit www.knightonfoodbank.co.uk

For families in Knighton & Presteigne areas

"Working together to help the hungry & those in crisis in our local community"

A Churches Together in Knighton & District Project: Reg. Charity 1172353



Knighton & East Radnor Food Bank

Have you lost your job, a regular income or are working less hours due to the Covid 19 emergency? Waiting for a Universal Credit payment?



Can you afford food & toiletries?

Struggling to buy baby basics?

Need feminine hygiene products for women & girls in your family?

If you need help with providing food & essential items for your family, please ring or text Helen on: 07731 524 058 for more information.

We will give you an appointment to call at the food bank, to avoid overcrowding

For families in Knighton, Presteigne & surrounding areas

"Working together to help the hungry & those in crisis in our local community"

We will give you face covering, gloves & ask you to use hand sanitiser when you visit, to keep us all safe Bwydd Fartneriaeth

A Churches Together in Knighton & District Project





ledwd a Gofal

Who wrote Shakespeare's Plays? (continued from earlier issues) ...and other literary, theatrical or historical stuff

I know not, sir, whether Bacon wrote the words of Shakespeare, but if he did not it seems to me he missed the opportunity of his life.

James M Barrie

Overheard: "I see on the news they are re-opening Shakespeare's birthplace. But was it really his birthplace? And was it really Shakespeare who was born there?"

Brush Up Your Shakespeare

'Mary Arden's Farm' or 'Mary Arden's House', believed to be the childhood home of Shakespeare's mother in the village of Wilmcote, was purchased by the Shakespeare Birthplace Trust in 1930. In 2000 it was discovered that the building had been wrongly identified; the Ardens' farm was actually Glebe Farm, which had been acquired by the Shakespeare Birthplace Trust in 1968 - without knowing its true provenance.

Acting is all about honesty. If you can fake that, you've got it made.

George Burns

My dear boy, forget about the motivation. Just say the lines and don't trip over the furniture.

Nöel Coward

First performing seal to second performing seal: "Of course what I'd *really* like to do is direct."

Mort Gerberg cartoon

Here Is The News

We have a travel ban on various countries, and that travel ban remains until such time as we say it doesn't remain.

President Trump, giving a detailed explanation of one of his brainwaves in response to the Covid-19 crisis.

Press conference, 14 July 2020

Lingen teaser answer b) A towel

August in the Garden

Camellias and rhododendrons will need regular watering while the weather remains dry so that their flower buds can fully develop. Trees, shrubs and ornamentals planted this year will need a thorough soak every few days in dry weather. Outdoor pot plants will be easier to keep moist if kept in the shade.

Prune rambling and climbing roses, if they do not repeat flower, and tie in the strongest new shoots. Dead head roses in general if ornamental hips are not produced. Cuttings of roses and some other shrubs can be taken now.

Transplant winter brassicas if they can be kept turgid. Net against pigeons and butterflies. A few varieties of bulb onions can be sown this month for an early crop next summer (or sets planted next month).

Prune peaches, cherries and plums as soon as harvested. Clean up strawberry runners or replace on a fresh site if diseased. Cut down the fruited canes of summer raspberries once picking has finished, tying in the new shoots. Summer prune trained fruit trees e.g. step-over and espaliers.

In dry weather collect some seed heads from desirable plants for sowing later, storing the cleaned seed in labelled paper bags. Sow hardy annuals towards the end of the month so they can develop a strong root system before the winter.

Conifers and hawthorn hedges can have their annual trim from now on as growth should have ceased (are they free from fledgling birds?).

Make notes or photographs of any re-organisation needed of herbaceous perennials this autumn.

Harvest herbs that can be dried or frozen for winter use.

Pinch out the growing tips of runner beans once the plants reach the top of their poles, also tomatoes that need 6 weeks from flowering to ripe fruit. After harvesting onions and shallots make sure the neck of the bulb is really dry or they will rot in store.

John Chrimes

The Weather in Presteigne June 2020

June this year was a disappointing month where the weather was concerned. We except lots of sunshine, with the long hours of daylight, but the sunshine total (from photovoltaic records) was much lower than both May and April and only marginally higher than the March total. There was measurable rain on all but four days and the total was 20% higher than expected for June, without any exceptional events such as thunderstorms. Temperature topped 30° degrees Celsius on 25th and 26th, but on five days failed to reach 18° Celsius.

The first half of July produced no improvement apart from Sunday 12th which was fine all day. The 3rd remained cool: below 17 Celsius all day.

June Temperatures in degrees Celsius:

June mean temp.	15.01°	0.31° above normal*
Minimum temp.	4.4°	on 4 th
Mean daily min.	9.00°	0.03° below normal
Highest min.	13.7°	on 23 rd
Lowest max.	14.9°	on 4 th
Mean daily max.	21.03°	0.65° above normal
Max temp.	30.2°	on 25 th and 26 th
Total June rainfall	102.2mm,	120% of 10 year mean
Wettest day	15.4mm f	ell on 16 th

^{* &#}x27;normal' is the mean value over the last 10 years

CJW 16/7/20

Lingen teaser answer c) a ton



A sign of the times ... seating spaced for safety at St Andrew's

Our Parish Magazine for September

I wish I could be sure that our September issue will be a printed job, put together by our faithful collators and delivered by others of our wonderful team in safety. This was my hope. But these are constantly changing times, are they not?

If we can publish in the traditional way - with advertisements and all - in safety then we will and I shall also email a shorter version, for the final time, to those who are on the distribution list used for this edition.

If I still have to use email, then naturally I will.

I need your input, please!! As stated on page 1, copy and artwork is welcome by lunchtime on

Wednesday 17th August, emailed to standrewsintray@btinternet.com.

Publication will take place the following week.

Meanwhile keep safe and well.

With best wishes to all

Roger W G Curtis, Editor

Lingen teaser answer d) swims