

# Community News

Issue 78 - May/June 2018

an information service from PAC - the Presteigne Area Community Development Group

You are receiving this email because you previously opted to receive the Community News and be kept informed about PAC activities. If at any time you decide not to receive further PAC emails, please contact us on [pacdg@icloud.com](mailto:pacdg@icloud.com) with REMOVE and we'll immediately take you off the mailing list.

*If you have any questions, information to pass on, or a local event or activity to publicise, email us at [pacdg@icloud.com](mailto:pacdg@icloud.com)*

**If you would like to hear about what PAC has been doing, and is planning to do over the next year, or if you'd like to find out how you can help us make a difference, please put a Note in your Diary about the PACDG AGM on Tuesday 26th June 7.30pm in St Andrew's Church Hall. Minimum formalities. Come and chat with the PAC steering group. Refreshments and snacks provided.**

**Ten gazebos have been purchased by the TC (funded by a very generous donation from CONNECT) for the use of community groups** (not private use) - users must have their own insurance and must make good any damage - groups can book using form obtained from the Town Clerk. The gazebos are stored in Presteigne and details will be given to any user so arrangements can be made to collect/return.

**Great idea to wrap the damaged ATM as an advertisement for Dementia Week !**

**Dear Friend of the Food Bank- please see attached shopping list for June - these are the items we are in URGENT need of:**

tinned fruit (but not prunes thank you) - tinned meat pies - tinned corned beef or ham - tinned tuna - pasta sauces - biscuits - tinned tomatoes, carrots, peas, sweetcorn - cereal (children's favourites please - not bran or muesli) - washing powder /washing up liquid - deodorant, shampoo, shower /bath gel/toothpaste.

Thank you for supporting our work, and please do share the shopping list with congregation members, friends and any newsletters you have links with. If you need a speaker at any of your groups or local clubs, please let me know - I am more than happy to give a short talk about the food bank, Kind Regards, Helen, 07731 524 058

**Good news about Went's Meadow Playground** - PCC have constructed the concrete base for the new playground shelter, and this has been done free-of-charge to the community so many thanks for the support go to PCC. The oak frame is already made, generously donated by Castle Ring Oak Frame of Discoed, and will be erected in a few weeks. The roof will be installed after that.

**A W.I. outing to Abbey Dore Court Gardens; Dore Abbey and Kilpeck Church on 5th July, leaving at 10 am from the Memorial Hall still has some vacant places.** The cost of the outing is £22.00 which includes entrance fees, tour guides and transport. If you would like to come please contact Chris Ruby on [01544 267749](tel:01544267749) for further details.

**The Powys Community Additional Needs (Action for Children) project has several small contracted vacancies across Powys to support children with additional needs or disabilities in their community.** If you're interested please contact 01597 822 190 or email [pcan@actionforchildren.org.uk](mailto:pcan@actionforchildren.org.uk)

**A message from Sally Collins..... the Cinnamon Trust is the national charity for the elderly and terminally ill and their pets. We seek to keep owner and pet together for as long as possible with the help of a national network of volunteers who assist when day to day care poses a problem.**

Our aim is to relieve the owners of any worry concerning the welfare of their pets both during and after their own lifetime making us unique amongst charities. All volunteers help in the ways that are most appropriate to them. Teams take it in turn to visit housebound owners to take the dog for a walk, volunteers foster pets as one of their family when owners face a spell in hospital, they take pets to the vet, even clean out the budgie's cage or cats litter trays. If you would like to register or even have a quick chat about registering just call Sally or Tressa direct on [01736 758707](tel:01736758707) or email [sallycollins@cinnamon.org.uk](mailto:sallycollins@cinnamon.org.uk) or [tressaherriott@cinnamon.org.uk](mailto:tressaherriott@cinnamon.org.uk). Volunteers can gain access to our volunteer page on our website [www.cinnamon.org.uk](http://www.cinnamon.org.uk) or by emailing us at [volunteer@cinnamon.org.uk](mailto:volunteer@cinnamon.org.uk). Any help you are able to give will be very gratefully accepted.

Kind regards Sally, Appeal Administrator 01736 758707 email [sallycollins@cinnamon.org.uk](mailto:sallycollins@cinnamon.org.uk)

**Creation of Norton Community Development Group (a message from John Refaüssé)**

Against the background of a growing threat of closure to the centuries-old St Andrew's parish church in Norton, a successful community consultation was recently held in the village to establish the strength of support for retaining the church building as a future community resource. A questionnaire was distributed to 260 households, resulting in 138 responses, a significant majority of which supported the option to form a Norton Community Development Group (NCDG) to determine how the church building can be preserved and adapted to function as a multi-purpose community facility in future. Subsequently a number of residents volunteered to serve on the NCDG committee which had its inaugural meeting on 9th May. After reviewing some possible options for how the church building could function in future, it was agreed to initiate discussions with the Church in Wales authorities to determine the best way forward, and to consult CADW about resolving possible development constraints arising from the church building's Grade 2\* status. Whilst this initiative is in its early stages, we would like to acknowledge advice and support from colleagues on PACDG and PAVO, with whom we anticipate a continuing close working relationship in future

**DID YOU KNOW....**

.....a reminder from Rolley that the buses between LLOYNEY/Knighton, Norton, Presteigne, Titley, Kington... from there onward to Hereford or Llandod are still (just) running, yet underused. Trips out/shopping/visiting...or just for fun, are all possible!! More folk using them not only takes a few cars off the road sometimes, it also means those without cars have the possibility of being able to get around. There are also quite a few walkers using them at present and that boosts local economy. Note that the buses will pick up & drop off anywhere along the route, with safety provisos of course.

.....Jackie runs Pilates Classes @ The Retreat on the Industrial Estate on Mondays 10am and 11.15am and Tuesdays 5pm and 6.15pm. All abilities catered for but prior reservation is essential. Contact Jackie on 07824 114979 or email [justjackie39@gmail.com](mailto:justjackie39@gmail.com)

..... if you have a dental emergency and don't have a local or regular dentist, Powys Teaching Health Board will arrange emergency treatment including at weekends and on Bank Holidays (although this may involve travelling to Llandod or Newtown). Ring NHS Direct on 0845 46 47, they will assess your problem and advise where to go

..... the ATM on Station Road that was damaged in the abortive robbery attempt will be repaired/replaced in the same location, date to be advised.

.....remember that dog poo bags can be disposed of in any litter bin now

.....there are battery recycling bins now at both the Library and at Spar

.....the Royal Oak has regular 'specials' - Wednesday evening Grill Night and Sunday lunchtime roasts.

**Interested in Mental Health or suffering from Depression ? Mid-Powys Mind are bringing part of their Spring & Summer training programme to Presteigne.** These are free courses at The Assembly Rooms, and available to anyone.

"Managing Depression" Mondays 4th, 11th, 18th June 5 to 8pm. If you have depression or are caring for someone with depression, this is for you.

"Mental Health First Aid" Tuesday 3rd July, Wednesday 4th July 9.15am to 4pm - lunch and certificates provided. Both courses are open to anyone with an interest in mental health, including professionals. For information and booking call 01597 824411 or email [admin@midpowysmind.org.uk](mailto:admin@midpowysmind.org.uk)

### **LOCAL FOOD MARKET - Saturday 2nd June 9 - 1pm Memorial Hall**

As well as regular and new artisans being at the Market selling their wonderful produce there will be both a plant swap and plant sales stall. Now Presteigne is burgeoning it is hoped the Market customers will have one or two plants to spare. If so please bring them to the Market where hopefully they can be swapped and someone else's gardening skills can be appreciated. Or a small donation can be made towards a charity which will be named at the stall. Over three seed swaps market customers donated a total of over £40 which has been forwarded to The Heritage Seed Library. The Community Cafe will be at the Market selling Fairtrade coffee, teas and delicious homemade cakes and providing a relaxing place to catch up with friends.

**There will be the usual monthly Council surgery at the Food Market on 2nd June**, on this occasion with County Councillor Bev Baynam and Town Councillor Simon Dixon.

### **ARTISTS AND MAKERS 2nd June 10am to 3pm in the Assembly Rooms**

Artists and Makers in the main hall: Furniture, pottery, prints, jewellery, hand-dyed knits and handmade paper. With tea, cake and plants, plus a selection of Welsh blankets and vintage finds for sale in the Green Room to help raise funds for this year's museum exhibition at Whitton School. Please come and find out more ....Enquiries [01544 260777](tel:01544260777)

**Wednesday 6th June - Truckstop Honeymoon, a Full Circle music night** 8pm at The Assembly Rooms. Tickets £7 from Courtyard Antiques or 01544 267163

**Wednesday 6th June - Hello Sharppp Chatters, the next discussion is with Charles Grimes from Hereford's Positive Money group, 'Why there IS a magic money tree.** PLEASE NOTE it's in St Andrew's Church hall this time at 7.30. BYO drinks if you would like to. Hope to see lots of you there again to make a lively discussion. Please pass this on to anyone you think might be interested.

**If you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - [simply email pacdg@icloud.com](mailto:pacdg@icloud.com).**

**We're happy to help publicise community and charity activities and events (but only for events in the immediate Presteigne area) - [mail pacdg@icloud.com](mailto:pacdg@icloud.com).**

**Feel free to tweet or forward this to others.**

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