

# Community News

Issue 66 - January 2018

an information service from PAC - the Presteigne Area Community Development Group

## **GET BEHIND YOUR COMMUNITY - GET BEHIND THE WHEEL.....**

Presteigne & Norton Community Support is keen to recruit volunteer drivers to provide local seniors with transportation for vital medical appointments. Help others. Have fun. Mileage is reimbursed. If you enjoy driving and want to make a difference to the lives of people in your local community who, without our service, would really struggle to be independent, and even if you only have half a day free a week, we would still like to hear from you. Your volunteering commitment would be flexible to meet your availability. Contact PNCS on 01544 267961 or call in to the PNCS office in the High Street. **YOU CAN MAKE THE DIFFERENCE !**

**We now have the opportunity to question Powys County Council direct at their monthly Council meeting** - after trialling it last year as part of a public participation drive, PCC has agreed to have a 20 minute slot at the start of each meeting to receive and answer public questions. Questions must relate to Powys and/or the services the Council provides. If accepted by the Chair, they will be added to the Agenda in the order received. To submit a question, go to the PCC website [www.powys.gov.uk](http://www.powys.gov.uk). n.b. Questions need to be submitted at least 2 weeks in advance of the meeting

**Need some extra help with your NHS hearing aids? Come along to the 'Hear to Help' Presteigne drop-in session** for free hearing aid repairs, information and friendly support. We know it can take time to get used to hearing aids, understand the different settings and learn how to take care of them. At our Hear to Help drop-in sessions, you'll have plenty of time to find out how your hearing aids work, how to look after them, and the simple things you can try if one of them stops working properly. You can also drop by if you're having problems with one or both of your hearing aids, and we'll see if there's a simple fix. If there isn't, we'll recommend you see your audiologist. At Hear to Help, we can:

- change hearing aid batteries
- replace hearing aid tubing
- clean ear-moulds
- carry out minor hearing aid repairs.

We can also give you information about assistive technology and products that you can use with your hearing aids, and let you know about other useful services in your area. All of our drop-ins are run in partnership with hospital audiology departments. Whether you're new to hearing aids or have been using them for a while, we're here to help you get the most from them. Drop in to one of our sessions at the Youth Centre - no appointment necessary. 4th Tuesday of each month 1.30pm - 3.30pm

**Gather Round and Sing for Fun with Marion Rowlatt starts again on Saturday 10th February** in the Assembly Rooms from 10.30 until noon. £5 per session. Contact Marion for more details. 01544 260466

**Presteigne Pacers are starting a new beginners group.** For more information contact 07532 034128 or visit [www.presteignepacers.com](http://www.presteignepacers.com)

Please help our Day Centre by donating your empty printer ink cartridges and old mobile phones (drop them in at the Day Centre anytime) as these can be recycled to raise funds - ditto with used stamps (collection boxes at the Library and at St Andrew's Church

**Could saving lives be your New Year's resolution ? The Welsh Blood Service is asking people to pledge to give blood in 2018.** There will be a chance to give blood in Presteigne at the Memorial Hall, Friday 26th January 10am-12.30pm and 2pm-4.20pm.

#### **DID YOU KNOW....**

....there is a display in Presteigne Library with details about the Tree Charter Project for Trees, Woods and People plus a national petition to sign. This is an inspirational project that was launched by The Woodland Trust in November 2017 and is now live across the UK. Hopefully people in the Presteigne area will want to add their support and sign it (*thanks for this information Lynden*)

....for young drivers looking to improve their skills (and help reduce insurance bills!) Pass Plus Cymru is available to all 17-25 year olds who have passed their driving test. The course consists of a 2.5 hour theory session and a nine hour paired practical session (booked at a later date) with an Approved Driving Instructor, for just £20. For more information or to book, visit [www.dragondriver.com](http://www.dragondriver.com) (sponsored by PCC)

....if you have any old postcards lying around, Peter Gibbons (at Roseland in Broad Street, opposite St Andrew's) will happily take these off your hands to support the Sudan Church Association - see [www.sudan.anglican.org](http://www.sudan.anglican.org)

....if you need anything printed, photocopied, scanned or laminated, don't forget that PNCS can do all of this from their new premises on the High Street at very competitive rates - A5, A4 and A3. For large quantities, provide paper for 5% discount  
....Presteigne Health Visitors Clinic has **changed** to Tuesdays 10-11am at Presteigne Surgery. Health Visitors Joleen Hamer and Stephanie Williams, Community Nursery Nurse Lynsey Price. More info 01547 521226

....Knighton & Presteigne Leg Club is held in The Reynolds Room of Knighton Community Centre every Thursday morning 9.30-11.30am. Just come along - Doctor's referral not necessary.

**Saturday 20th January - an evening of music with Fitty Gomash.** Based in Bristol and with years of experience and an ever growing set of wild tunes, both traditional and original, Fitty Gomash create a heart-warming hooley on the dance floor. Blow the winter blues away! Dance floor & cabaret seating, bar with local ales & fine wines. Presteigne Assembly Rooms 8pm. Tickets £10 from The Workhouse & [wegottickets.com](http://wegottickets.com)

**Saturday 20th January - Ceilidh with Sue Harris & Bandamania** 7pm at Whitton Village Hall. Organised by Whitton WI. £7 on door (includes refreshments)

**Saturday 20th January - Kay & Jane** invite you to a Ugandan Dream Experience 7.30pm Lingen Village Hall. Raffle, refreshments, bar. Donations welcome.

**Friday 26th January - Presteigne Screen** presents "Afterimage", Poland 2017. 98mins. 12. A moving valedictory work by Andrzej Wajda on the theme of Stalinist oppression. Assembly Rooms. 7.30pm for 8pm start. Tea, coffee, home-baked cakes. £5 (students £3.50) or buy a 7 Film season ticket for £25

If you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - simply email [pacdg@icloud.com](mailto:pacdg@icloud.com). We're happy to help publicise community and charity activities and events (but only for events in the immediate Presteigne area) - mail [pacdg@icloud.com](mailto:pacdg@icloud.com). Feel free to tweet or forward this to others. If you would prefer not to receive further issues of the News, please email us with REMOVE and we'll immediately take you off the the distribution list