

Community News

Issue 136 April 2020

an information service from PACDG - the Presteigne Area Community Group "Working Together"

You are receiving this email because you asked to receive the Community News & be kept informed about PACDG activities. If at any time you decide not to receive further PACDG emails, contact us on pacdg@icloud.com with REMOVE in the subject line & we'll immediately take you off the mailing list.

- **Please contact us if you see or hear of anything that will be of help to other residents - ideas or suggestions for new hobbies, or things to do at home, especially welcome ! email pacdg@icloud.com**
- **and if you're self-isolating or need assistance in any way, you can also email pacdg@icloud.com and we'll pass on your message to people who can help.**

UPDATE FROM LOCAL BUSINESSES AND THE HIGH STREET

(things are often changing so, if you have access to the internet, first double check information on websites or Facebook pages)

...from French Chocolates. Special Chocolate for Easter, or just spoil yourselves; Chocolate bars; Agen prunes (with or without filling), dipped in chocolate; or Easter Eggs. Contact Alexandra@frenchchocolates.co.uk or 01568720734

...from Weobley Ash. Sirloin on the block, Herefords best, grass fed, ribeye, sirloin, rump, fillet it's all here. Who's sparking up the bbq Sunday. Orders, call 01544 598120 or email shop@weobleyash.co.uk

THINGS DO WHILE COCOONED !

...from Sam at Little People Playgroup. Please see our Facebook page for fun and hands-on activities for children to try at home - I'm trying to do one each day and they will be using things you should have at home already so shouldn't cost parents anything in materials or mean they have to go out and buy things to support children's learning. Everything will link to areas of the curriculum, for example shapes, mark making, numbers, fine motor activities, but I'm trying to find activities that suit all ages so siblings can get involved with the fun!

...from Katie O, artist. Being stuck at home can be pretty tough during this time. I've put together some FREE colouring pages to fight the boredom. See Facebook @katieoart. Please feel free to print these off for your children or yourselves. Would be great to see your finished colouring if you'd like to share with me or post them on my page. Feel free to share this post to people you think might enjoy it.

...from Freegle. We know some of you will have a lot of empty loo rolls in the coming weeks ;-). Here's an endless supply of #craft ideas to #upcycle them via @RedTedArt. <https://www.redtedart.com/cute-easy-toilet-paper-roll-crafts>. Head on over to Red Ted Art on FB for lots more crafty ideas and instructions!

...from the Judge's Lodging. We've got marbles made of both glass and clay in our collection, which we regularly play with. If you've got any at home, here's some games to try http://www.judgeslodging.org.uk/resources/marble_games/

...from Tate Kids. See the Tate website <https://www.tate.org.uk/kids> which has some great creative activities for children and, to be honest, grownups too - Things to make, explore, games & quizzes, videos and a Kid's Gallery. (from Janis - thank you).

...from Presteigne Primary School to all pupils. Thank you all for your amazing entries to our Easter competition! You can see all the entries we received on our Facebook page. As you can imagine, it was really tricky to choose.

FP egg winners: 1st Leja, 2nd Olly, 3rd Connor

KS2 egg winners: 1st Dylan, 2nd Tom, 3rd George.

There will be prizes for all when we get back to school! Thanks all and have a fab Friday!

...to Parents! The BBC is to run 14 weeks of educational programmes starting on April 20. Take a look at their news page for more details.

<https://crowd.in/QsTws3>. The BBC today unveils its biggest push on education in its history - ensuring that every child in the UK has the opportunity to continue to follow the appropriate core parts of their nation's school curriculum in these challenging times. Whether complementing what schools are providing remotely, or as a standalone resource, the BBC's newly expanded education offer will bring 14 weeks of educational programmes and lessons to every household in the country - whatever your child's age.

- Every child in the UK to have their education supported as BBC offers a wide range of curriculum related learning for children of all ages across all four nations
- Famous faces Karim Zeroual, Oti Mabuse and Katie Thistleton alongside top quality teachers and organisations such as Royal Shakespeare Company, Premier League and Puffin Books lend their support
- Daily programmes to help guide parents and children through their learning day
- BBC Bitesize to deliver daily online lessons for all age groups
- Content such as videos, quizzes, podcasts and articles will bring core subjects to life online at BBC Bitesize

Commencing on 20 April, the start of the summer term for most children, BBC Bitesize Daily, as the service will be called will deliver a tailored day of learning across BBC iPlayer, Red Button, BBC Bitesize website and app, BBC Four and BBC Sounds, with curriculum relevant offers across the UK. Together, this comprehensive package is aimed at minimising disruption to children's education and providing rhythm and routine in these challenging times.

...from Dale at The Royal Oak. As it's Friday, and I'm sure we're all missing our weekends in a pub, here's something just for fun... Share with us your best/funniest/most embarrassing pub stories or photos of you or your friends for everyone's entertainment. Best story/picture wins a free pint when we reopen !

...a lovely idea from Margaret. *"I have been reading Animal Farm to a partially sighted 53yr flat-bound lady over the phone which she loves. I only read one chapter at a time."* Is there someone you know in a similar situation ?

OTHER INFORMATION

...free DAB radios from the BBC. BBC local radio is teaming up with manufacturers, retailers and a loneliness charity to offer free DAB radios to the most vulnerable people aged over 70. It comes as millions of people are forced to stay in their homes and isolate from their friends and families because of the Coronavirus outbreak. Radio is a vital source of news, information and companionship in these unprecedented times and BBC local radio wants to ensure as many people as possible have access to it. So it will be

giving away DAB digital radios to people nominated by local radio listeners. It's part of the BBC's Make A Difference campaign, which was launched in the wake of the Coronavirus outbreak. It is running across all 39 BBC local radio stations in England and is aimed at connecting communities. The BBC's partners in the initiative have set aside thousands of DAB radios to be given away for free to vulnerable people aged over 70. From Monday March 30, anyone can nominate someone for a free radio by completing an online application form at www.wavelength.org.uk/radiohero. The radios have been donated by Argos, Currys PC World, John Lewis & Partners, Pure and Roberts Radio and will be distributed by loneliness charity Wavelength, who provide technology to those in need. Manufacturer Duracell UK will provide batteries

OK, you may have a bit of time on your hands. Why not have a look at how the government intends/suggests we organise transport in the near future:

'Decarbonising Transport Setting the Challenge'. There is the opportunity to give feedback, details on page 6. Cars are mainly discussed on pages 19 to 23.

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/876251/decarbonising-transport-setting-the-challenge.pdf

...from MidCounties Co-op. Are you a business with a van that isn't getting much use right now? Could you help us to support the most vulnerable people in our community? We are taking telephone orders for food essentials and need your help to get them to the people who need them most. If you can make some deliveries for us contact Tarra Simmons at tarra.simmons@midcounties.coop. Just a few hours a week will make a huge difference.

....from PCC Waste. We've loved seeing all of the wonderful 'thank you's' going out to waste and recycling collection workers, working hard to keep things going at this difficult time. Do tag us on our Facebook page, and share anything you're doing to say thanks, whether that's through sharing drawings from your children or waving through the windows.

Most people in Powys rinse their recycling already. But in these hygiene conscious times please help us keep clean & give your recycling a quick wash / soak / dunk before you pop it in your box. This makes it much nicer for the lads picking it up & sorting it. Love your bin man, love your recycling

...posted by Connect. A message from the UK Government. Could your business help with the response to coronavirus? Support needed includes:

Production of PPE such as masks, gowns and sanitiser

Providing warehouse space

Assistance with transport and logistics

Testing medical equipment

Design of medical equipment

Expertise or support on IT, manufacturing, construction, project management, procurement or engineering

<https://www.gov.uk/coronavirus-support-from-business>

...from PCC to local businesses. We have been experiencing a lot of traffic on our business grants webpage! Please bear with us as we resolve technical glitches and maybe try again later if you're having trouble. Good to know the letters have arrived safely though... We'll get the money to you asap!

...from **The Samaritans**. Please, join us in saying a massive *thank you* to our volunteers, who are doing everything they can to be there for people who need us most in these unprecedented times. We think you are all heroes.

...from the staff at **John Beddoes Campus** to all their students



PACDG - the PRESTEIGNE AREA COMMUNITY DEVELOPMENT GROUP... "WORKING TOGETHER"

If you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - simply email pacdg@icloud.com.