

COMMUNITY NEWS

ISSUE 189 JULY 2020

an information service from PACDG - the Presteigne Area Community Group "Working Together For The Community"

PLEASE NOTE A CHANGE OF EMAIL ADDRESS FOR THE COMMUNITY NEWS

email news@pacdg.org to contact the Editor

- if you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - email the Editor on news@pacdg.org
- please contact us if you see or hear of anything that will be of help to other residents
- and if you need assistance in any way, email us and we'll pass on your message to people who can help.

...AND IF YOU NEED TO CHECK BACK ON PAST ISSUES FOR INFORMATION, YOU CAN SEE THESE (along with lots of other good information) ON THE TOWN WEBSITE www.presteigne.org.uk/calendar

UPDATE FROM LOCAL BUSINESSES AND THE HIGH STREET

(things keep changing so, best first check information on websites or Facebook pages)

...from **SPAR Presteigne**. Remember we can deliver your SPAR shopping to your front door! Order your shopping online now. Head to www.afbspar.co.uk to order your home delivery today!

...from **Amanda's Bread**. If you want to place an order for delivery in the Presteigne area on Saturday 25th July, and you missed the Monday deadline, please still get in touch and we will supply your order if we can - email Amanda on : asimpsonatkins1@gmail.com - phone / text Amanda on 0775 993 9526 or Julian on 0771 870 4814. Amanda's Bread now has a page on the Taste Montgomery website. Please click this link [Amanda's Bread](#)

...from **The Retreat**. Update on The Retreat. I have decided not to reopen The Retreat in its current form. It has been a difficult and sad decision to let go of something that was so great! However, holding together such a large centre for massage and complementary therapy under one roof is too much of a challenge in the current time. Practitioners are looking at the new landscape and figuring out the safest and best path forward into work again. Please contact your preferred therapist for information on when and where they will be working over the next few weeks and months. You can find all the contact details on the website: <https://retreat.wales/practitioners>. Assuming that we will be permitted to work again in Wales after 27th July, I intend to work Mondays during August from the Border Injury Clinic, Unit 6, Broadaxe Business Park, Presteigne, LD8 2UH. Please let me know if you would like to book in, subject to receiving confirmation from the Welsh Government - marian@silvanmassage.com or 07816 981454. It's going to be a little bit different for a while, and there are some adjustments to make both sides of the couch. I can give you information on the new health and safety protocols prior to your session, which will include infection control measures, PPE, temperature checks and telephone contact 24 hours prior to your appointment. I am really looking forward to working again, please take a moment to consider whether it is right for you at this time. Marian

...from **Lockdown Dhaba**. Hello from Lockdown Dhaba! Our next menu is available to pre-order for delivery on the 1st August – please see attachment. Ordering is open until Friday evening (24th July). You can email us directly to get your order in at lockdowndhaba@gmail.com Thanks again for all the support you have given us so far! Thank you! Pip and Gurd

...from **the Royal Oak**. Thank you to everyone that has supported us in our first week of garden service, we're glad to be back up and running.

This Wednesday, sees our popular Steak Night making it's comeback! We have 2 hour slots available at 6pm or 8pm - please note, only tables in the garden will be available for the time

being. Menu *10oz Gammon *8oz Rump *8oz Sirloin *8oz Ribeye. Served with all the trimmings and our homemade double cooked chips. If you'd like to book a table at either time slot please message the Facebook page or call (01544) 260842 and leave a message if there's no answer. Fish Fryday is back this Friday with our homemade beer battered cod and chips. Takeaway slots available for pick up from 5-8pm and we also have limited space for tables to eat in the garden. To book message us on here or call 01544 260842.

...from Weobley Ash. Baking potatoes, new potatoes, salads, peaches, nectarines, Moorcourt strawberries & cherries, mushrooms, peppers, water melons, grapes, apples, bananas and more. Open from 9-4 Tuesday to Saturday or call 01544 598120 to order

OTHER INFORMATION

...from Presteigne Primary School. Huge thanks to Nicky Jones for her kind donations of time and paint as well as her huge effort to redecorate the school sheds, play platform, boat and bus! Don't they look brilliant? The children will love playing on them as soon as they can. Diolch yn fawr!

...from Powys CC - free parking. Latest news: Two-hours free parking to help #SupportLocalPowys town centres. Powys County Council's #SupportLocalPowys initiative is being expanded to include two-hours free parking in all council pay and display carparks during the school summer holiday. **Beginning on Saturday 25 July**, the day after the schools in Powys break up, the two-hours free parking will remain until the last day of the summer holidays, Bank Holiday Monday, 31 August. Traditionally a busy time of year, the council are keen to make the most of the holiday season and encourage residents and visitors to enjoy the unique and historic towns within Powys and #SupportLocalPowys businesses.

...from the Royal British Legion. Because of the present situation regarding Covid 19. Any person or organisation wishing to lay a wreath at this years Remembrance Sunday MUST contact me so that I can order your wreath from the Royal British Legion Aylesford. My name is Peter Collins (I am the Poppy Appeal Organiser for Presteigne and District) my contact numbers are 01544 260009 (home) and 07802276559 (mobile). If I don't have your order by 5th August 2020 there will NOT be a wreath available for you or your organisation on Sunday Nov 8th. Unless you order direct from the Royal British Legion Aylesford - their telephone number is 01622 717172 (select option 1)

...about bonfires. Powys CC have said recently that they are concerned about the impact bonfires could be having on people suffering from breathing difficulties, as a result of contracting COVID-19, and on those who are shielding at home and are unable to get away from the smoke.

Also Mid Wales Fire And Rescue Service urge people in the county not to be tempted to burn garden or household waste, warning that it could place a major burden on its crews. "We understand that during this time of social distancing and self-isolating presents an opportunity to do some gardening and clear out your sheds," the service said in a statement. "However, burning your garden or household waste can be dangerous and unpredictable and can easily spread out of control. This could cause unnecessary demand on our crews having to attend these fires, it could also create a greater number of calls to our Control Room. The effects of the smoke could also affect your breathing, irritate your skin and eyes and worsen respiratory conditions like asthma."

The advice from Powys CC is this. "If your neighbours are lighting bonfires which are causing you nuisance, in the first instance, approach your neighbours and politely tell them how the bonfire is affecting you. Often, people are unaware of the way smoke is blowing and consequently, the effect it is having on you. If after discussing the matter, the neighbour continues to light bonfires which you feel cause you nuisance, you can [report the nuisance](#) online. (ed. also, it would be smart to talk to your local town councillor).

The Powys CC website says - Bonfires are only illegal if they cause a nuisance to others. It is commonly thought that there are bylaws banning bonfires or restricting the days or times when

they are allowed - but there aren't. However the [Environmental Protection Act 1990](#) can be used to deal with people who act unreasonably and cause a statutory nuisance to neighbours.

...from The Stag. Job opportunity. We're looking for a hard working and ambitious chef to join our Michelin rated kitchen. Prior experience would be beneficial, but our main requirements are a willingness to learn and a positive attitude! If you're interested or would like more information, drop us a message or email reservations@thestagg.co.uk

...from Powys Teaching Health Board. A new NHS service has been launched today (20 July), helping people across the UK sign up for information on the new COVID-19 vaccine trials. Sign up: <http://www.nhs.uk/researchcontact>. Find out more: <https://pthb.nhs.wales/news/health-board-news/new-nhs-service-enables-people-to-sign-up-to-be-contacted-for-covid-19-vaccine-studies/>

...from Recycle Now. So you've got a recycling routine that works for you. You know it inside and out and there's not one empty plastic milk bottle or food can in sight in the kitchen – they're all patiently waiting to be collected for recycling. The job is done! But is it really? There are surely some areas of the home that sometimes get missed when we're recycling. Take a look at this video for our best hints and tips to hunt those forgotten recycling items around the house. For more info visit: <https://bit.ly/2ZRLIfk> #recycle

...from Education Wales. Are you eligible for a school uniform grant? £125 is available for learners in Wales at the start of each key stage:

- entering reception class or year 3 in primary school
 - entering year 7 or year 10 in secondary school
 - aged 4, 7, 11 or 14 in special schools, special needs resource bases or pupil referral units
- Year 7 learners are entitled to £200 to reflect the increased costs associated with starting secondary school. Funding for looked-after children is available in every school year. <https://gov.wales/pupil-development-grant-access>. The fund will cover school uniform, other clothing worn at school such as sports kit, equipment for out-of-school hours trips (including outdoor learning), and equipment for activities within the curriculum such as design and technology. #HelpWithKit

...from Powys CC. Powys Children's Summer Sessions. The sessions, which will run in line with Welsh Government Covid-19 guidance, will be held every weekday afternoon from Monday 27 July to Friday 26 August. Places will be limited so parents must book their child's place online: <https://crowd.in/NWQ59p>

...from the Welsh Government. We're giving councils £38m to make Wales a safer place to cycle, scoot and walk. We want you to continue to ditch the car in favour of cycling or walking when the coronavirus pandemic is over. This is our golden opportunity to change our lifestyles... for the better. Could you cycle to work? Read more about the fund here <https://gov.wales/golden-opportunity-change-deputy-minister-lee-waters>

...from Hereford CC. 20 mph zones, pop-up cycle lanes and temporary road closures are being introduced across Herefordshire this week. It's hoped the changes will make it easier for people to stay 2 metres apart when they shop and make more space for cafes, restaurants and pubs to put tables outside. Hereford's Old Bridge will be open just to buses and cycles and Corn Square in Leominster will be closed to traffic between 10 and 1 each weekday.

...from Powys CC. Do you or someone you know need help with day-to-day living? Perhaps you're not as nimble on your feet as you used to be? Or perhaps you find that your memory isn't quite as good anymore? Did you know that there is a webpage which is designed to give free advice on the help that's out there? AskSara can tell you about products which make your (or their) lives easier. It asks a few simple questions and then shows you a list of suggestions of things which may help. Why not take a look? <https://crowd.in/Fe2tSN>

...from Powys CC Libraries. Latest News: Silly Squad Summer Reading Challenge. Children in Powys are encouraged to keep up their reading over the summer holidays, by joining the Silly Squad summer reading challenge! <https://crowd.in/rPcWEc>

...from Crowd PPE Wales. We're into the final push!! We have to be finishing up at the college hubs at the end of July to allow them to prepare over the summer for the new term. We still have outstanding requests but fear not - we have plenty in stock! We're going to push push push to get as many distributed this week, clearing as many outstanding requests as possible. As discussed previously, we have leftover funds from the amazing donations you guys have made. Discussions will take place this week to decide which charity to donate the remaining funds to, and what we intend to do with our remaining stock. We will keep you all updated. As always, we can't thank all of you enough for the incredible support you have shown since we started this venture. Stay safe and we'll be in touch soon. Crowd PPE Wales.

...from Powys CC and Business Wales. The Self-Employment Income Support Scheme (SEISS) has been updated. Details here - <http://ow.ly/t6rS50AAXD>

PACDG - the Presteigne Area Community Development Group... "Working together for the Community"

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