

Community News

Issue 171 June 2020

an information service from PACDG – the Presteigne Area Community Group “Working Together For The Community”

You are receiving this email because you asked to receive the Community News & be kept informed about PACDG activities. If at any time you decide not to receive further PACDG emails, contact us on pacdg@icloud.com with REMOVE in the subject line & we'll immediately take you off the mailing list.

IF YOU NEED TO CHECK BACK ON PAST ISSUES FOR INFORMATION, YOU CAN SEE THESE (along with lots of other good information) ON THE TOWN WEBSITE www.presteigne.org.uk/calendar

- **Please contact us if you see or hear of anything that will be of help to other residents - email pacdg@icloud.com**
- **and if you need assistance in any way, email us and we'll pass on your message to people who can help.**

...from the Town Council. Presteigne and Norton Town Council would like to take this opportunity in Volunteers Week to thank all those volunteers in our community who have given time and support to those more vulnerable than themselves. From the donations to the food bank, to the delivery services of medication, food and essential items. To those keeping in touch with others for a chat. To the shops and businesses that have supplied us with goods and food and to those of you who have helped your neighbours during these unprecedented times, we thank you all.

...from Rolly about wild flowers in Presteigne. You may have already spotted that some wildflower signs on the verges at the north end of the bypass have crossed the road! The town side in the direct sun got very dry, whilst some species have now gone over. There are some lovely grasses about and, though more tricky to identify, a start has been made opposite the end of Warden Road. If anyone is able to help e.g to identify one type of grass from another, please get in touch. Email rollybea5@gmail.com

...from Ann. I have 6.8 metres of 100% cotton fabric available for anyone who can make good use of it. It was bought for making scrubs and is burgundy, a colour used by some pathology depts – is 147cm wide and washes at 60 degrees. ann.curtis@btinternet.com

SCAM ALERT

...a reminder to be aware of a current Covid-19 Test and Trace Scam which has also been reported by Powys residents. The scam involves the caller claiming to be from NHS and telling members of the public that they have been in contact with somebody with Covid-19 – and then try to get them to pay £500 for a virus testing kit. They also ask for their address. Coronavirus test kits are provided by the NHS so they are free of charge. The council wants to reassure residents that real contact tracers will NOT ask for card details or bank account numbers.

UPDATE FROM LOCAL BUSINESSES AND THE HIGH STREET

(things keep changing so, best first check information on websites or Facebook pages)

...from Chilvers Country Store. Available now •Pet food and supplies •Agricultural supplies •Gardening supplies, compost and plants •Equine feed and supplies •Garden machinery repairs and services • Range of bird feed - peanuts, niger seed, sunflower kernels and wild bird seed all available in small bags or 20kg bags. •Animal health.

Plus new plants arriving at Chilvers all the time! Compost, bedding plants, fruit and vegetables, flowers and shrubs.. pop in to our Presteigne Store on the by pass to have a look! Delivery available, call Dan: 07798928909

...from Lorna's Sandwich Shop. New salad boxes available, 5 fillings for £3.50

...from Arrowfield Vets. We are now pleased to be offering clinics for routine boosters. These are currently on a priority basis, and we are calling those animals who are over due their vaccine from March/ April. If your pet falls into this category and you haven't heard from us by the end of June please do not hesitate to get in touch. Unsurprisingly we have a fair few to catch up on from the lockdown period, so if your pets vaccine were due in May/June please bear with us until we contact you. If you have any other concerns regarding your pets health (e.g. lumps, anal glands, lameness etc) please let the receptionist know when they call, so you can be booked in for an appropriate appointment. Remember, we are still not allowing clients in the building to adhere to social distancing rules; so please call/ ring the bell to let us know you have arrived for your appointment and a nurse will collect your animal

...from Weobley Ash. Taking orders for beef, lamb and pork joints, steaks and bbq boxes. Veg & fruit boxes available from £20. For collection or delivery. Call 01544 598120 or email shop@weobleyash.co.uk

...from BJ Roberts Garage. From Monday June 8th our forecourt opening hours will be changing, new hours will be: Monday - Friday, 9am-1pm (shut for lunch 1-1.30pm) 1.30pm-5pm. Saturday remains the same 9am - 12pm. Thank you

...from Presteigne Little Peoples Playgroup. Please could all parents who currently have children who attend sessions in either Danielle's room or Sam's room throughout the week please search and ask to join our new closed Facebook group 'Presteigne Little People's Closed Group'. Many Thanks

...from The Royal Oak. Hello all, we hope you're well and keeping hydrated. We just wanted to keep you updated as much as we can during these tough times. There's a lot of speculation and rumour about when pubs will be allowed to open, but July 4th is looking like the earliest as it stands. Unfortunately, the likelihood of The Oak being able to open straight away is uncertain due to the size of the pub and being able to adhere to current government guidelines on social distancing safely. If we can't protect ourselves, staff and our customers then we will take the decision not to open our doors until safe to do so. Towards the end of the month, we are planning to do some takeaways once or twice a week, if there's enough interest? Sunday Roasts and Fish Fryday are on the agenda but we are open to ideas if anyone wants to suggest what they would like to see on offer? In the meantime stay safe all! We will be back to 'normal' one day.

...from PNCS. We are now selling Sweet Peas from our Office Doorway in Presteigne High Street. This is an annual fundraiser which supports our Community Transport Scheme (*ed. which is still operating even in these Covid-19 times*). The Sweet Peas are £2 a bunch - can you please pop the money through our letter box. Many thanks for your support.

THINGS TO DO WHILE STAYING IN

...from WhatsOnStage. The Royal Opera House has announced it will be presenting live performances from its auditorium for the first time since lockdown began. The first, co-hosted by the venue's director of music Antonio Pappano and Anita Rani from the BBC on 13 June at 7.30pm BST, will go behind-the-scenes at the Opera House and feature musicians and artists, all socially distanced from one another. Works from the likes of Benjamin Britten and George Frideric Handel will be performed, with turns from stars including Louise Alder, Toby Spence and Gerald Finley. The Royal Ballet's resident choreographer Wayne McGregor will also present a new intimate piece, with the full show being completely free. The second and third shows, on 20 June and 27 June, will be available on-demand for £4.99 and feature ballet and opera created by The Royal Opera, The Royal Ballet and the Orchestra of the Royal Opera House. You can [find out more here](#).

...from Lyonshall Nursery. Taking softwood cuttings is a great way to get extra plants for minimal costs, and it's easier than you think. Read on to find out how to successfully grow your own softwood cuttings. <http://www.lyonshallnurseries.co.uk/news/1050/how-to-take-softwood-cuttings>. Have your own ready supply of fresh herbs by growing your own. Read our top tips on

getting the best out of your garden herbs. <http://www.lyonshallnurseries.co.uk/news/1053/garden-tips-how-to-get-more-out-of-your-herbs>

...from Radnor Fringe Festival. Why not take a look at the online (YouTube) version of Radnor Fringe Festival later this month to see a great line-up of musicians and a screening of a new Chrissie Hynde video with footage shot by legendary record producer (and Powys resident) Tchad Blake and his family. The virtual festival runs from Friday June 19th until the following Sunday 21st June.

...from The Sixteen. Don't forget Quarantine with The Sixteen. Regular features including Lunchtime Soundbites (every Monday listen to a musician play a chosen piece from their living room), Video Diaries, Recipes, Weekly curated Play Lists. https://thesixteen.com/quarantine-with-the-sixteen/?dm_i=4U7B,C888,1S7S49,1D8DG

OTHER INFORMATION

...from the Welsh Government. Wales has passed the first peak of infection, but the R rate remains at 0.8. This only gives us limited room for changes. We're prioritising seeing family and friends. From Monday, you can meet with another local household outside. This doesn't limit you to seeing just one specific household – you can see different households, but please only meet one at a time. More here www.gov.wales/stay-local-to-keep-wales-safe

...from Powys CC. On June the 3rd, the Welsh Minister for Education announced that Welsh schools will partially re-open on Monday 29th June for four weeks until 24th July, 2020. We would like to thank you for your co-operation and efforts during these difficult times. As a local authority and individual schools, we now need to plan carefully for the re-opening of schools and need to know how many children will attend school during this period and how they will be travelling to and from school. [Please complete the following survey - https://crowd.in/xr6Lm4](https://crowd.in/xr6Lm4) . The questions are for the period from now until the end of the Summer term. You need to complete the survey individually for each child. Thank you for your time, it will greatly assist our planning process and we ask you to complete and return this form as soon as possible and by Friday 12th June at the latest.

...from Age Cymru. URGENT HELP NEEDED – from podiatrists, chiropodists and Foot Health Practitioners in Powys! In response to the Coronavirus pandemic, we are setting up short-term Urgent Footcare Hubs in Newtown, Brecon and Llandrindod Wells for older people in Powys who desperately need their toenails cut. We have high demand for this service with a long waiting list of clients because of our Simply Nails clinics being closed due to Covid-19. We urgently need trained footcare volunteers to help out just for the short-term; if you could help out for just a few days then please do give us a call on 01597 825908 / 01686 623707 or email: enquiries@acpowys.org.uk

...from Powys Recycles. Due to the successful reopening of the HWRCs and our residents cooperation, we are now in a position to gradually relax some of the temporary regulations put in place to minimise the spread of coronavirus, starting with allowing a maximum of two people out of the car to unload bulky or heavy items, as long as they remain together at all times and stick to the social distancing rules....

...from Powys Recycles. See the photos on our Facebook page which show what we are finding in some of our cardboard banks at the community recycling sites! This type of contamination means that all the card within the banks is rejected by the recycling processors and sent to landfill. This selfish behaviour of a few irresponsible people is a huge waste of everyone else's time and effort and results in recyclable material needlessly going to waste. If the community recycling banks continue to be misused they may have to be removed. Please use responsibly.

...from the Public Health Agency. It is important to seek urgent medical care if you or someone you know experiences any of the symptoms of stroke. Help is available for those who need medical attention throughout the pandemic. If not treated urgently, a person is at a higher

risk of death or disability if they take a stroke than from COVID-19. Know the signs of stroke and Act FAST - seek urgent medical care by calling 999. For more information visit - www.pha.site/Stroke; www.pha.site/ActFast

...from Powys CC. Cash boost for Powys charities. Around 300 charities and not for profit organisations across Powys are set to receive a much-needed financial boost. Welsh Government recently announced a £26m support package as an extension to the Covid-19 business grants scheme to provide some small charities within retail, leisure and hospitality with grants of £10,000. Powys County Council will process the grants to a wide range of organisations including charity shops, sports clubs and community centres, which up until now have not qualified for financial support.....If you think you are entitled to one of the support grants and have not heard from the council, or if you are in need financial support, please contact the dedicated helpline on 01597 826345 (open weekdays between 9am – 4pm). Closing date is 30th June.

...from Powys Teaching Health Board. The launch of a new NHS app in Wales, Consultant Connect, is set to reduce the need for Powys residents to travel for unnecessary hospital admission and referrals. The Consultant Connect app has been fast tracked for use in NHS Wales to help the response to COVID-19, and will allow clinicians to access specialist advice far faster than can currently be done. This will provide more clinical options to local primary and community care teams that will benefit patients not just during the COVID-19 outbreak but also in the longer term. <http://www.powysthb.wales.nhs.uk/news/52605>

...from Powys CC. Essential work to resurface certain Powys roads will begin on Monday 8 June 2020, Powys County Council has confirmed. The planned resurfacing work is part of the council's capital investment programme and will begin from next week with two separate crews working across the county.... on nearly 40 deteriorated sites on our county road network which will be resurfaced to strengthen and improve them for years to come.

...from Presteigne Primary School. We have been asked to share this message with you. Concerned or worried about your child's emotional health and wellbeing? Children and young people may be worried, anxious or stressed during this difficult time, so we've put a some useful resources together to support you and your child. Visit the Powys website and search 'emotional health' for support and advice.

...from the Welsh Government. We're advising anyone who's shielding to protect themselves from coronavirus to continue to do so until the 16th August. This doesn't affect the latest medical advice allowing people who are shielding to meet one other local household outside. You should continue to work from home and get support with shopping and other essential needs. The Chief Medical Officer will write to those affected with details of the latest advice and support available. <https://gov.wales/shielding-continue-130000-people>

PACDG – the Presteigne Area Community Development Group... “Working together for the Community”

If you have any questions on what's happening – or not happening – in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction – simply email pacdg@icloud.com.