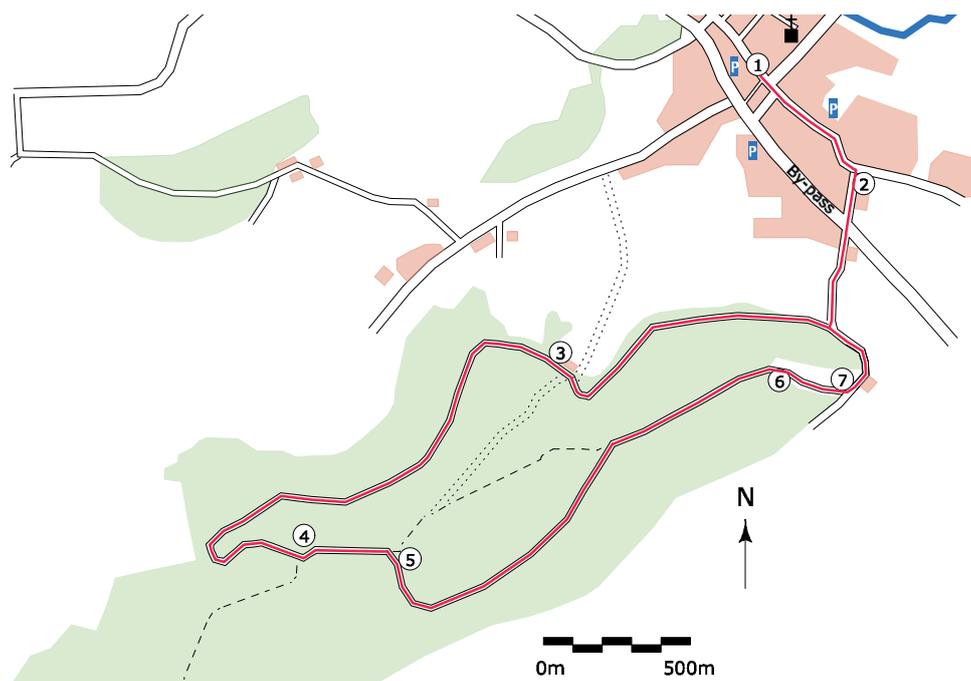


Nash and Caen Woods, and Folly Farm



Distance: 5 miles / 8km

Time: 2 hours

Points of note: A moderate walk, easy underfoot, with no stiles. Dog friendly.
Use in conjunction with OS Explorer Map 210, *Knighton & Presteigne*.

The walk starts at the junction of Broad Street and High Street (1). Follow Hereford Street (which is a continuation of High Street) past the Farmers Inn on the left before reaching a small roundabout with a Lloyds bank on the right. Continue straight ahead on Hereford Street for 400m passing the war memorial on the right. Almost immediately turn right into Broadaxe (2) passing the leisure centre on the left and John Beddoes School on the right.

Go straight across the bypass continuing on Broadaxe for 400m until you reach a T-junction, then turn right up a track signposted 'Car Park 200m'. Continue through the car park (note the useful information board about Nash Wood) straight on up the forestry track, reaching Oak Apple Cottage (3) after $\frac{3}{4}$ mile / 1.2km.

The wide forestry track continues to rise gradually through the conifers. As the track climbs higher, bearing left, it may be possible to spot the domed Whimble Hill in Radnor Forest which will appear on the far horizon.

Continuing along the route, a track joins from the left. Look out for a tall structure on your left (4) which is used by the Forestry Deer Warden as a base to spot, then track and occasionally cull the deer which roam the woods.

Approximately 3 miles / 4.8km into the walk, you will reach a fork in the track (5). Take the right fork and continue the easy climb uphill. Watch out for buzzards, kestrels and woodland birds such as tits, chaffinches, warblers and jays. You may also spot fox and deer.

The track now descends gradually and coincides with the marked Forestry track, then levels out.

Keep following the track until it ends in a vehicle turning area (6). Take the path straight ahead on the other side of the turning area. Descend along the side of a field and after squeezing past a locked gate, emerge onto a road at Folly Farm (7).

Turn left and continue down the road past the turning into the forestry car park on your left. You are now once again on Broadaxe, and after crossing the bypass, you can follow your original route back to the start of the walk.

NOTE – Please follow the countryside code: especially being careful around animals, leaving all gates as you find them, and putting your litter and dog poo in appropriate bins or taking it home with you. All times and distances are approximate.